### Application for a §1915 (c) HCBS Waiver

### **HCBS Waiver Application Version 3.3**

#### **Submitted by:**

Alabama Medicaid Agency 501 Dexter Avenue P. O. Box 5624 Montgomery, AL 36103-5624

<b>Submission Date:</b>			
<b>CMS Receipt Date</b>	(CMS Use)		

Provide a brief one-two sentence description of the request (e.g., renewal of waiver, request for new waiver, amendment):

#### **Brief Description:**

The State of Alabama requests renewal of a Medicaid Home and Community-Based service (HCBS) Waiver under the authority of § 1915 (c) of the Social Security Act (the Act). The waiver to be renewed is the Technology Assisted Home and Community-Based Waiver for Adults.

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Effective Date	02/22/2006

# Application for a §1915(c) Home and Community-Based Services Waiver

#### PURPOSE OF THE HCBS WAIVER PROGRAM

The Medicaid Home and Community-Based Services (HCBS) waiver program is authorized in §1915(c) of the Social Security Act. The program permits a State to furnish an array of home and community-based services that assist Medicaid beneficiaries to live in the community and avoid institutionalization. The State has broad discretion to design its waiver program to address the needs of the waiver's target population. Waiver services complement and/or supplement the services that are available to participants through the Medicaid State plan and other federal, state and local public programs as well as the supports that families and communities provide.

The Centers for Medicare & Medicaid Services (CMS) recognizes that the design and operational features of a waiver program will vary depending on the specific needs of the target population, the resources available to the State, service delivery system structure, State goals and objectives, and other factors. A State has the latitude to design a waiver program that is cost-effective and employs a variety of service delivery approaches, including participant direction of services.

The waiver application is based on the HCBS Quality Framework. The Framework focuses on seven broad, participant-centered desired outcomes for the delivery of waiver services, including assuring participant health and welfare:

- → Participant Access: Individuals have access to home and community-based services and supports in their communities.
- → Participant-Centered Service Planning and Delivery: Services and supports are planned and effectively implemented in accordance with each participant's unique needs, expressed preferences and decisions concerning his/her life in the community.
- ◆ **Provider Capacity and Capabilities**: There are sufficient HCBS providers and they possess and demonstrate the capability to effectively serve participants.
- ◆ Participant Safeguards: Participants are safe and secure in their homes and communities, taking into account their informed and expressed choices.
- ◆ Participant Rights and Responsibilities: Participants receive support to exercise their rights and in accepting personal responsibilities.
- **Participant Outcomes and Satisfaction**: Participants are satisfied with their services and achieve desired outcomes.
- ★ System Performance: The system supports participants efficiently and effectively and constantly strives to improve quality.

The Framework also stresses the importance of respecting the preferences and autonomy of waiver participants.

The Framework embodies the essential elements for assuring and improving the quality of waiver services: design, discovery, remediation and improvement. The State has flexibility in developing and implementing a Quality Management Strategy to promote the achievement of the desired outcomes expressed in the Quality Framework.



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1.	Red	uest	Inf	orma	tion
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- A. The **State** of Alabama requests approval for a Medicaid home and community-based services (HCBS) waiver under the authority of §1915(c) of the Social Security Act (the Act).
- B. Waiver Title (optional): Technology Assisted Waiver for Adults
- **C. Type of Request** (*select only one*):

0	New Waiver (3 Years)	CMS-Assigned Waiver Number (CMS Use):				
0	New Waiver (3 Years) to Replace Waiver #					
	CMS-Assigned Waiver Number (CMS Use):					
	Attachment #1 contains the transition plan to the new waiver.					
×	Renewal (5 Years) of Waiver # #407.90					
0	Amendment to Waiver #	#				

**D. Type of Waiver** (*select only one*):

- Model Waiver. In accordance with 42 CFR §441.305(b), the State assures that no more than 200 individuals will be served in this waiver at any one time.
   Regular Waiver, as provided in 42 CFR §441.305(a)
- E.1 Proposed Effective Date: 02/22/2006
- E.2 Approved Effective Date (CMS Use): 02/22/2006
- **F.** Level(s) of Care. This waiver is requested in order to provide home and community-based waiver services to individuals who, but for the provision of such services, would require the following level(s) of care, the costs of which would be reimbursed under the approved Medicaid State plan (check each that applies):
  - Hospital (select applicable level of care)

    O Hospital as defined in 42 CFR §440.10. If applicable, specify whether the State additionally limits the waiver to subcategories of the hospital level of care:

    O Inpatient psychiatric facility for individuals under age 21 as provided in 42 CFR § 440.160

    × Nursing Facility (select applicable level of care)

    O As defined in 42 CFR §440.40 and 42 CFR §440.155. If applicable, specify whether the State additionally limits the waiver to subcategories of the nursing facility level of care:

    O Institution for Mental Disease for persons with mental illnesses aged 65 and older as provided in 42 CFR §440.140

    Intermediate Care Facility for the Mentally Retarded (ICF/MR) (as defined in 42 CFR §440.150). If applicable, specify whether the State additionally limits the waiver to subcategories of the ICF/MR facility level of care:

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**G.** Concurrent Operation with Other Programs. This waiver operates concurrently with another program (or programs) approved under the following authorities (*check the applicable authority or authorities*):

	Services furnished under the provisions of §1915(a) of the Act and described in Appendix I									
	Waiver(s) authorized under §1915(b) of the Act. Specify the §1915(b) waiver program and indicate whether a §1915(b) waiver application has been submitted or previously approved:									
	Spe	cify the §1915(b) authorities under which th	is pro	ogram operates (check each that applies):						
		§1915(b)(1) (mandated enrollment to managed care)		§1915(b)(3) (employ cost savings to furnish additional services)						
		§1915(b)(2) (central broker)	§1915(b)(4) (selective contracting/limit number of providers)							
	A pı	rogram authorized under §1115 of the Act. S	Бресіј	fy the program:						
×	Not	applicable								

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#### 2. Brief Waiver Description

**Brief Waiver Description.** *In one page or less*, briefly describe the purpose of the waiver, including its goals, objectives, organizational structure (e.g., the roles of state, local and other entities), and service delivery methods.

The purpose of the Technology Assisted Waiver (TA) for Adults is to provide home and community-based services to individuals who received private duty nursing services, through the Early, Periodic, Screening, Diagnostic, and Treatment (EPSDT) Program under the Medicaid State Plan. These recipients will no longer be eligible for the service upon turning age 21. The TA Waiver is a community-based alternative for adults who age off the EPSDT Program, with complex medical conditions and who otherwise would require nursing home level of care. The Alabama Medicaid Agency is responsible for operating the TA Waiver. The services include: Private Duty Nursing, Personal Care/Attendant Service, Medical Supplies, Assisted Technology and Targeted Case Management. The TA Waiver recipients can access services through the Alabama Department of Rehabilitation Services with the traditional service delivery method.

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#### 3. Components of the Waiver Request

The waiver application consists of the following components. Note: <u>Item 3-E must be completed.</u>

- **A.** Waiver Administration and Operation. Appendix A specifies the administrative and operational structure of this waiver.
- **B.** Participant Access and Eligibility. Appendix B specifies the target group(s) of individuals who are served in this waiver, the number of participants that the State expects to serve during each year that the waiver is in effect, applicable Medicaid eligibility and post-eligibility (if applicable) requirements, and procedures for the evaluation and reevaluation of level of care.
- **C. Participant Services. Appendix C** specifies the home and community-based waiver services that are furnished through the waiver, including applicable limitations on such services.
- **D.** Participant-Centered Service Planning and Delivery. Appendix **D** specifies the procedures and methods that the State uses to develop, implement and monitor the participant-centered service plan (of care).
- **E.** Participant-Direction of Services. When the State provides for participant direction of services, **Appendix E** specifies the participant direction opportunities that are offered in the waiver and the supports that are available to participants who direct their services. (Select one):

0	The	waiver provid	es for j	participa	nt dire	ction	of service	es. A	ppendix E is	required.		
		applicable.			does	not	provide	for	participant	direction	of	services.
	Appe	endix E is not	comple	eted.								

- **F.** Participant Rights. Appendix **F** specifies how the State informs participants of their Medicaid Fair Hearing rights and other procedures to address participant grievances and complaints.
- **G.** Participant Safeguards. Appendix G describes the safeguards that the State has established to assure the health and welfare of waiver participants in specified areas.
- **H.** Quality Management Strategy. Appendix H contains the Quality Management Strategy for this waiver.
- **I. Financial Accountability. Appendix I** describes the methods by which the State makes payments for waiver services, ensures the integrity of these payments, and complies with applicable federal requirements concerning payments and federal financial participation.
- **J.** Cost-Neutrality Demonstration. Appendix J contains the State's demonstration that the waiver is cost-neutral.

### 4. Waiver(s) Requested

- **A.** Comparability. The State requests a waiver of the requirements contained in §1902(a) (10) (B) of the Act in order to provide the services specified in **Appendix C** that are not otherwise available under the approved Medicaid State plan to individuals who: (a) require the level(s) of care specified in Item 1.F and (b) meet the target group criteria specified in **Appendix B**.
- **B.** Income and Resources for the Medically Needy. Indicate whether the State requests a waiver of §1902(a) (10) (C) (i) (III) of the Act in order to use institutional income and resource rules for the medically needy (*select one*):

0	Yes
×	No
0	Not applicable

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C. **Statewideness.** Indicate whether the State requests a waiver of the statewideness requirements in §1902(a) (1) of the Act (*select one*):

0	Yes (complete remainder of item)
×	No

If yes, specify the waiver of statewideness that is requested (check each that applies):

<b>Geographic Limitation</b> . A waiver of statewideness is requested in order to furnish services under this waiver only to individuals who reside in the following geographic areas or political subdivisions of the State. Specify the areas to which this waiver applies and, as applicable, the phase-in schedule of the waiver by geographic area:
<b>Limited Implementation of Participant-Direction</b> . A waiver of statewideness is requested in order to make <i>participant direction of services</i> as specified in <b>Appendix E</b> available only to individuals who reside in the following geographic areas or political subdivisions of the State. Participants who reside in these areas may elect to direct their services as provided by the State or receive comparable services through the service delivery methods that are in effect elsewhere in the State. <i>Specify the areas of the State affected by this waiver and, as applicable, the phase-in schedule of the waiver by geographic area</i> :

#### 5. Assurances

In accordance with 42 CFR §441.302, the State provides the following assurances to CMS:

- **A. Health & Welfare:** The State assures that necessary safeguards have been taken to protect the health and welfare of persons receiving services under this waiver. These safeguards include:
  - 1. As specified in **Appendix C**, adequate standards for all types of providers that provide services under this waiver;
  - 2. Assurance that the standards of any State licensure or certification requirements specified in **Appendix C** are met for services or for individuals furnishing services that are provided under the waiver. The State assures that these requirements are met on the date that the services are furnished; and,
  - 3. Assurance that all facilities subject to §1616(e) of the Act where home and community-based waiver services are provided comply with the applicable State standards for board and care facilities as specified in **Appendix C**.
- **B.** Financial Accountability. The State assures financial accountability for funds expended for home and community-based services and maintains and makes available to the Department of Health and Human Services (including the Office of the Inspector General), the Comptroller General, or other designees, appropriate financial records documenting the cost of services provided under the waiver. Methods of financial accountability are specified in **Appendix I**.
- **C.** Evaluation of Need: The State assures that it provides for an initial evaluation (and periodic reevaluations, at least annually) of the need for a level of care specified for this waiver, when there is a reasonable indication that an individual might need such services in the near future (one month or less) but for the receipt of home and community-based services under this waiver. The procedures for evaluation and reevaluation of level of care are specified in **Appendix B**.

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- **D.** Choice of Alternatives: The State assures that when an individual is determined to be likely to require the level of care specified for this waiver and is in a target group specified in **Appendix B**, the individual (or, legal representative, if applicable) is:
  - 1. Informed of any feasible alternatives under the waiver; and,
  - 2. Given the choice of either institutional or home and community-based waiver services.

**Appendix B** specifies the procedures that the State employs to ensure that individuals are informed of feasible alternatives under the waiver and given the choice of institutional or home and community-based waiver services.

- **E.** Average Per Capita Expenditures: The State assures that, for any year that the waiver is in effect, the average per capita expenditures under the waiver will not exceed 100 percent of the average per capita expenditures that would have been made under the Medicaid State plan for the level(s) of care specified for this waiver had the waiver not been granted. Cost-neutrality is demonstrated in **Appendix J**.
- **F.** Actual Total Expenditures: The State assures that the actual total expenditures for home and community-based waiver and other Medicaid services and its claim for FFP in expenditures for the services provided to individuals under the waiver will not, in any year of the waiver period, exceed 100 percent of the amount that would be incurred in the absence of the waiver by the State's Medicaid program for these individuals in the institutional setting(s) specified for this waiver.
- **G.** Institutionalization Absent Waiver: The State assures that, absent the waiver, individuals served in the waiver would receive the appropriate type of Medicaid-funded institutional care for the level of care specified for this waiver.
- **H. Reporting:** The State assures that annually it will provide CMS with information concerning the impact of the waiver on the type, amount and cost of services provided under the Medicaid State plan and on the health and welfare of waiver participants. This information will be consistent with a data collection plan designed by CMS.
- **I. Habilitation Services**. The State assures that prevocational, educational, or supported employment services, or a combination of these services, if provided as habilitation services under the waiver are: (1) not otherwise available to the individual through a local educational agency under the Individuals with Disabilities Education Improvement Act of 2004 (IDEA) or the Rehabilitation Act of 1973; and, (2) furnished as part of expanded habilitation services.
- J. Services for Individuals with Chronic Mental Illness. The State assures that federal financial participation (FFP) will not be claimed in expenditures for waiver services including, but not limited to, day treatment or partial hospitalization, psychosocial rehabilitation services, and clinic services provided as home and community-based services to individuals with chronic mental illnesses if these individuals, in the absence of a waiver, would be placed in an IMD and are: (1) age 22 to 64; (2) age 65 and older and the State has not included the optional Medicaid benefit cited in 42 CFR §440.140; or (3) under age 21 when the State has not included the optional Medicaid benefit cited in 42 CFR §440.160.

### 6. Additional Requirements

Note: Item 6-I must be completed.

**A.** Service Plan. In accordance with 42 CFR §441.301(b) (1) (i), a participant-centered service plan (of care) is developed for each participant employing the procedures specified in **Appendix D**. All waiver services are furnished pursuant to the service plan. The service plan describes: (a) the waiver services that are furnished to the participant, their projected amount, frequency and duration and the type of provider that furnishes each service and (b) the other services (regardless of funding source, including State plan services) and informal supports that complement waiver services in meeting the needs of the participant. The service plan is subject to the approval of the Medicaid agency. Federal financial

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- participation (FFP) is not claimed for waiver services furnished prior to the development of the service plan or for services that are not included in the service plan.
- **B.** Inpatients. In accordance with 42 CFR §441.301(b) (1) (ii), waiver services are not furnished to individuals who are in-patients of a hospital, nursing facility or ICF/MR.
- **C.** Room and Board. In accordance with 42 CFR §441.310(a) (2), FFP is not claimed for the cost of room and board except when: (a) provided as part of respite services in a facility approved by the State that is not a private residence or (b) claimed as a portion of the rent and food that may be reasonably attributed to an unrelated caregiver who resides in the same household as the participant, as provided in **Appendix I**.
- **D.** Access to Services. The State does not limit or restrict participant access to waiver services except as provided in Appendix C.
- **E.** Free Choice of Provider. In accordance with 42 CFR §431.51, a participant may select any willing and qualified provider to furnish waiver services included in the service plan unless the State has received approval to limit the number of providers under the provisions of §1915(b) or another provision of the Act.
- **F. FFP Limitation**. In accordance with 42 CFR §433 Subpart D, FFP is not claimed for services when another third-party (e.g., another third party health insurer or other federal or state program) is legally liable and responsible for the provision and payment of the service. FFP also may not be claimed for services that are available without charge, or as free care to the community. Services will not be considered to be without charge, or free care, when (1) the provider establishes a fee schedule for each service available and (2) collects insurance information from all those served (Medicaid, and non-Medicaid), and bills other legally liable third party insurers. Alternatively, if a provider certifies that a particular legally liable third party insurer does not pay for the service(s), the provider may not generate further bills for that insurer for that annual period.
- **G. Fair Hearing:** The State provides the opportunity to request a Fair Hearing under 42 CFR §431 Subpart E, to individuals: (a) who are not given the choice of home and community-based waiver services as an alternative to institutional level of care specified for this waiver; (b) who are denied the service(s) of their choice or the provider(s) of their choice; or (c) whose services are denied, suspended, reduced or terminated. **Appendix F** specifies the State's procedures to provide individuals the opportunity to request a Fair Hearing, including providing notice of action as required in 42 CFR §431.210.
- **H. Quality Management.** The State operates a formal, comprehensive system to ensure that the waiver meets the assurances and other requirements contained in this application. Through an ongoing process of discovery, remediation and improvement, the State assures the health and welfare of participants by monitoring: (a) level of care determinations; (b) individual plans and services delivery; (c) provider qualifications; (d) participant health and welfare; (e) financial oversight and (f) administrative oversight of the waiver. The State further assures that all problems identified through its discovery processes are addressed in an appropriate and timely manner, consistent with the severity and nature of the problem. During the period that the waiver is in effect, the State will implement the Quality Management Strategy specified in **Appendix H**.
- **I. Public Input.** Describe how the State secures public input into the development of the waiver:

During the initial development of the TA Waiver, the Medicaid Agency received substantial input from potential clients, advocates, and other stakeholders. Since this waiver is being renewed without changes, no public input has been requested. During the course of this waiver period, no further requests for changes have been received from the general public.

**J. Notice to Tribal Governments**. The State assures that it has notified in writing all federally-recognized Tribal Governments that maintain a primary office and/or majority population within the State of the State's intent to submit a Medicaid waiver request or renewal request to CMS at least 60

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- days before the anticipated submission date as provided by Presidential Executive Order 13175 of November 6, 2000. Evidence of the applicable notice is available through the Medicaid Agency.
- K. Limited English Proficient Persons. The State assures that it provides meaningful access to waiver services by Limited English Proficient persons in accordance with: (a) Presidential Executive Order 13166 of August 11, 2000 (65 FR 50121) and (b) Department of Health and Human Services "Guidance to Federal Financial Assistance Recipients Regarding Title VI Prohibition Against National Origin Discrimination Affecting Limited English Proficient Persons" (68 FR 47311 August 8, 2003). Appendix B describes how the State assures meaningful access to waiver services by Limited English Proficient persons.

### 7. Contact Person(s)

**A.** The Medicaid agency representative with whom CMS should communicate regarding the waiver is:

First Name:	Hattie
Last Name	Nettles
Title:	Administrator
Agency:	Alabama Medicaid Agency
Address 1:	501 Dexter Avenue
Address 2:	
City	Montgomery
State	Alabama
Zip Code	36103
Telephone:	334-242-5644
E-mail	hnettles@medicaid.state.al.us
Fax Number	334-353-4182

**B.** If applicable, the State operating agency representative with whom CMS should communicate regarding the waiver is:

First Name:	
Last Name	
Title:	
Agency:	
Address 1:	
Address 2	
City	
State	
Zip Code	
Telephone:	
E-mail	
Fax Number	

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### 8. Authorizing Signature

This document, together with Appendices A through J, constitutes the State's request for a waiver under §1915(c) of the Social Security Act. The State assures that all materials referenced in this waiver application (including standards, licensure and certification requirements) are *readily* available in print or electronic form upon request to CMS through the Medicaid agency or, if applicable, from the operating agency specified in Appendix A. Any proposed changes to the waiver will be submitted by the Medicaid agency to CMS in the form of waiver amendments.

Upon approval by CMS, the waiver application serves as the State's authority to provide home and community-based waiver services to the specified target groups. The State attests that it will abide by all provisions of the approved waiver and will continuously operate the waiver in accordance with the assurances specified in Section 5 and the additional requirements specified in Section 6 of the request.

Signature:		Date:	
	State Medicaid Director or Designee		

First Name:	Carol
Last Name	Herrmann
Title:	Commissioner
Agency:	Alabama Medicaid Agency
Address 1:	501 Dexter Avenue
Address 2:	
City	Montgomery
State	Alabama
Zip Code	36103
Telephone:	334-242-5600
E-mail	cherrmann@medicaid.state.al.us
Fax Number	334-242-5097

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#### **Attachment #1: Transition Plan**

Specify the transition plan for the waiver:

NA			

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# **Appendix A: Waiver Administration and Operation**

1.	State Line of Authority for Waiver Operation.	Specify the state	line of authority	for the opera	ition of
	the waiver (select one):				

×	tha	e waiver is operated by the State Medicaid agency. Specify the Medicaid agency division/unit that line authority for the operation of the waiver program (select one; do not complete $mA-2$ ):
	×	The Medical Assistance Unit (name of unit): Long Term Care Division
	0	Another division/unit within the State Medicaid agency that is separate from the Medical
		Assistance Unit (name of division/unit)
O		e waiver is operated by
	wit adr the aut	eparate agency of the State that is not a division/unit of the Medicaid agency. In accordance h 42 CFR §431.10, the Medicaid agency exercises administrative discretion in the ministration and supervision of the waiver and issues policies, rules and regulations related to waiver. The interagency agreement or memorandum of understanding that sets forth the hority and arrangements for this policy is available through the Medicaid agency to CMS on request. <i>Complete item A-2</i> .

2. Medicaid Agency Oversight of Operating Agency Performance. When the waiver is not operated by the Medicaid agency, specify the methods that the Medicaid agency uses to ensure that the operating agency performs its assigned waiver operational and administrative functions in accordance with waiver requirements. Also specify the frequency of Medicaid agency assessment of operating agency performance:

NA		

**3.** Use of Contracted Entities. Specify whether contracted entities perform waiver operational and administrative functions on behalf of the Medicaid agency and/or the waiver operating agency (if applicable) (select one):

О	<b>Yes.</b> Contracted entities perform waiver operational and administrative functions on behalf of the Medicaid agency and/or the operating agency (if applicable). Specify the types of contracted entities and briefly describe the functions that they perform. <i>Complete Items A-5 and A-6</i> .
×	<b>No</b> . Contracted entities do not perform waiver operational and administrative functions on behalf of the Medicaid agency and/or the operating agency (if applicable).

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perform	m waiver operational and administrative functions and, if so, specify the type of entity (check nat applies):
1 t	Local/Regional non-state public agencies conduct waiver operational and administrative functions at the local or regional level. There is an interagency agreement or memorandum of understanding between the Medicaid agency and/or the operating agency (when authorized by the Medicaid agency) and each local/regional non-state agency that sets forth the responsibilities and performance requirements of the local/regional agency. The interagency agreement or memorandum of understanding is available through the Medicaid agency or the operating agency (if applicable). Specify the nature of these agencies and complete items A-5 and A-6:
1 1 t	<b>Local/Regional non-governmental non-state entities</b> conduct waiver operational and administrative functions at the local or regional level. There is a <b>contract</b> between the Medicaid agency and/or the operating agency (when authorized by the Medicaid agency) and each local/regional non-state entity that sets forth the responsibilities and performance requirements of the local/regional entity. The contract(s) under which private entities conduct waiver operational functions are available to CMS upon request through the Medicaid agency or the operating agency (if applicable). <i>Specify the nature of these entities and complete items A-5 and A-6</i> :
	Not applicable – Local/regional non-state agencies do not perform waiver operational and administrative functions.
Entitie	nsibility for Assessment of Performance of Contracted and/or Local/Regional Non-State es. Specify the state agency or agencies responsible for assessing the performance of contracted local/regional non-state entities in conducting waiver operational and administrative functions:
	Alabama Medicaid Agency is responsible for the operational and administrative functions of the Vaiver. There are no non-state entities that conduct TA Waiver operational or administrative ions.
contrac operati	ment Methods and Frequency. Describe the methods that are used to assess the performance of cted and/or local/regional non-state entities to ensure that they perform assigned waiver conal and administrative functions in accordance with waiver requirements. Also specify how notly the performance of contracted and/or local/regional non-state entities is assessed:
NA	

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5.

6.

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**7. Distribution of Waiver Operational and Administrative Functions.** In the following table, specify the entity or entities that have responsibility for conducting each of the waiver operational and administrative functions listed (*check each that applies*):

In accordance with 42 CFR §431.10, when the Medicaid agency does not directly conduct a function, it supervises the performance of the function and establishes and/or approves policies that affect the function.

Function	Medicaid Agency	Other State Operating Agency	Contracted Entity	Local Non-State Entity
Disseminate information concerning the waiver to potential enrollees	×	×		
Assist individuals in waiver enrollment		×		
Manage waiver enrollment against approved limits	×	×		
Monitor waiver expenditures against approved levels	×	×		
Conduct level of care evaluation activities	×	×		
Review participant service plans to ensure that waiver requirements are met	×	×		
Perform prior authorization of waiver services	×			
Conduct utilization management functions	×	×		
Recruit providers		×		
Execute the Medicaid provider agreement	×			
Determine waiver payment amounts or rates	×	×		
Conduct training and technical assistance concerning waiver requirements	×	×		

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# Appendix B: Participant Access and Eligibility

### Appendix B-1: Specification of the Waiver Target Group(s)

**a.** Target Group(s). Under the waiver of Section 1902(a) (10) (B) of the Act, the State limits waiver services to a group or subgroups of individuals. In accordance with 42 CFR §441.301(b)(6), select one waiver target group, check each subgroup in the selected target group that may receive services under the waiver, and specify the minimum and maximum (if any) age of individuals served in each subgroup:

			MAXIM	UM <b>A</b> GE
Included	Target Group/Subgroup	MINIMUM AGE	MAXIMUM AGE LIMIT: THROUGH AGE –	No Maximum Age Limit
×	Aged	or Disabled, or E	Both	
	Aged (age 65 and older)			
	Disabled (Physical) (under age 65)			
	Disabled (Other) (under age 65)			
	Specific Aged/l	Disabled Subgrou	<b>ір</b>	
	Brain Injury			
	HIV/AIDS			
	Medically Fragile			
×	Technology Dependent	21		×
0	_ Mental Retardation o	or Developmental	l Disability, or Bot	th
	Autism			
	Developmental Disability			
	Mental Retardation			
0		Mental Illness		
	Mental Illness (age 18 and older)			
	Serious Emotional Disturbance (under age 18)			

**b.** Additional Criteria. The State further specifies its target group(s) as follows:

Individuals who received private duty nursing services through the EPSDT Program under the Medicaid State Plan who will no longer be eligible for the service upon turning age 21 but who continues to require private duty nursing services.

**c.** Transition of Individuals Affected by Maximum Age Limitation. When there is a maximum age limit that applies to individuals who may be served in the waiver, describe the transition planning procedures that are undertaken on behalf of participants affected by the age limit (*select one*):

×	Not applicable – There is no maximum age limit		
0	The following transition planning procedures are employed for participants who will reach the		

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waiver's maximum age limit (specify):

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### Appendix B-2: Individual Cost Limit

**a. Individual Cost Limit.** The following individual cost limit applies when determining whether to deny home and community-based services or entrance to the waiver to an otherwise eligible individual (*select one*):

×	<b>No Cost Limit</b> . The State does not apply an individual cost limit. <i>Do not complete Item B-2-b or Item B-2-c</i> .				
0	<b>Cost Limit in Excess of Institutional Costs.</b> The State refuses entrance to the waiver to any otherwise eligible individual when the State reasonably expects that the cost of the home and community-based services furnished to that individual would exceed the cost of a level of care specified for the waiver up to an amount specified by the State. <i>Complete Items B-2-b and B-2-c</i> . The limit specified by the State is ( <i>select one</i> ):				
	O %, a level higher than 100% of the institutional average				
	0	Oth	er (specify):		
0	<b>Institutional Cost Limit</b> . Pursuant to 42 CFR 441.301(a)(3), the State refuses entrance to the waiver to any otherwise eligible individual when the State reasonably expects that the cost of the home and community-based services furnished to that individual would exceed 100% of the cost of the level of care specified for the waiver. <i>Complete Items B-2-b and B-2-c</i> .				
0	Cost Limit Lower Than Institutional Costs. The State refuses entrance to the waiver to any otherwise qualified individual when the State reasonably expects that the cost of home and community-based services furnished to that individual would exceed the following amount specified by the State that is less than the cost of a level of care specified for the waiver. Specify the basis of the limit, including evidence that the limit is sufficient to assure the health and welfare of waiver participants. Complete Items B-2-b and B-2-c.				
	The	cos	limit specified by the State is (select one):		
	0	The	following dollar amount: \$		
	The dollar amount (select one):				
	O Is adjusted each year that the waiver is in effect by applying the following formula:				
	O May be adjusted during the period the waiver is in effect. The State will submaiver amendment to CMS to adjust the dollar amount.				
	O The following percentage that is less than 100% of the institutional average:			%	
	O Other – Specify:				

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b.	in Ite	thod of Implementation of the Individual Cost Limit. When an individual cost limit is specified tem B-2-a, specify the procedures that are followed to determine in advance of waiver entrance that individual's health and welfare can be assured within the cost limit:			
с.	<b>Participant Safeguards.</b> When the State specifies an individual cost limit in Item B-2-a and the change in the participant's condition or circumstances post-entrance to the waiver that require provision of services in an amount that exceeds the cost limit in order to assure the participant's and welfare, the State has established the following safeguards to avoid an adverse impact participant ( <i>check each that applies</i> ):				
		The participant is referred to another waiver that can accommodate the individual's needs.			
		Additional services in excess of the individual cost limit may be authorized. Specify the procedures for authorizing additional services, including the amount that may be authorized:			
		Other safeguard(s) (specify):			

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### Appendix B-3: Number of Individuals Served

a. Unduplicated Number of Participants. The following table specifies the maximum number of unduplicated participants who are served in each year that the waiver is in effect. The State will submit a waiver amendment to CMS to modify the number of participants specified for any year(s), including when a modification is necessary due to legislative appropriation or another reason. The number of unduplicated participants specified in this table is basis for the cost-neutrality calculations in Appendix J:

Table: B-3-a		
Waiver Year	Unduplicated Number of Participants	
Year 1	40	
Year 2	40	
Year 3	40	
Year 4 (renewal only)	40	
Year 5 (renewal only)	40	

- **b.** Limitation on the Number of Participants Served at Any Point in Time. Consistent with the unduplicated number of participants specified in Item B-3-a, the State may limit to a lesser number the number of participants who will be served at any point in time during a waiver year. Indicate whether the State limits the number of participants in this way: (select one):
  - The State does not limit the number of participants that it serves at any point in time during a waiver year.
  - The State limits the number of participants that it serves at any point in time during a waiver year. The limit that applies to each year of the waiver period is specified in the following table:

Table B-3-b		
Waiver Year	Maximum Number of Participants Served At Any Point During the Year	
Year 1		
Year 2		
Year 3		
Year 4 (renewal only)		
Year 5 (renewal only)		

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**c. Reserved Waiver Capacity.** The State may reserve a portion of the participant capacity of the waiver for specified purposes (e.g., provide for the community transition of institutionalized persons or furnish waiver services to individuals experiencing a crisis) subject to CMS review and approval. The State (*select one*):

×	Not applicable. The state does not reserve capacity.				
0	O The State reserves capacity for the following purpose(s). For each purpose, describe he amount of reserved capacity was determined:				
	The capacity that the State reserves in each waiver year is specified in the following table:				
	Table B-3-c				
		Purpose:	Purpose:		
	Waiver Year	Capacity Reserved	Capacity Reserved		
	Year 1				
Year 2					
	Year 3				
	Year 4 (renewal only)				
	Year 5 (renewal only)				

**d. Scheduled Phase-In or Phase-Out**. Within a waiver year, the State may make the number of participants who are served subject to a phase-in or phase-out schedule (*select one*):

×	The waiver is not subject to a phase-in or a phase-out schedule.
	The waiver is subject to a phase-in or phase-out schedule that is included in Attachment #1 to Appendix B-3. This schedule constitutes an <i>intra-year</i> limitation on the number of participants
	who are served in the waiver.

e. Allocation of Waiver Capacity. Select one:

×	Waiver capacity is allocated/managed on a statewide basis.
0	Waiver capacity is allocated to local/regional non-state entities. Specify: (a) the entities to which waiver capacity is allocated; (b) the methodology that is used to allocate capacity and how often the methodology is reevaluated; and, (c) policies for the reallocation of unused capacity among local/regional non-state entities:

**f. Selection of Entrants to the Waiver.** Specify the policies that apply to the selection of individuals for entrance to the waiver:

Entry to the Technology Assisted Waiver for Adults is offered to individuals who received private duty nursing services through the Early, Periodic, Screening, Diagnostic, Testing (EPSDT) program

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and upon turning age 21 were no longer eligible for this program. These individuals continue to require private duty nursing services. The services are determined through an assessment process.

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#### Attachment #1 to Appendix B-3

#### Waiver Phase-In/Phase Out Schedule

**a.** The waiver is being (*select one*):

0	Phased-in
0	Phased-out

**b.** Waiver Years Subject to Phase-In/Phase-Out Schedule (check each that applies):

Year One	Year Two	Year Three	Year Four	Your Five

**c. Phase-In/Phase-Out Time Period**. *Complete the following table:* 

	Month	Waiver Year
Waiver Year: First Calendar Month		
Phase-in/Phase out begins		
Phase-in/Phase out ends		

d. **Phase-In or Phase-Out Schedule**. Complete the following table:

Phase-In or Phase-Out Schedule			
	Waiver Year:		
Month	Base Number of Participants	Change in Number of Participants	Participant Limit

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### Appendix B-4: Medicaid Eligibility Groups Served in the Waiver

**a. State Classification.** The State is a (*select one*):

×	§1634 State
0	SSI Criteria State
0	209(b) State

**Medicaid Eligibility Groups Served in the Waiver.** Individuals who receive services under this waiver are eligible under the following eligibility groups contained in the State plan. The State applies all applicable federal financial participation limits under the plan. *Check all that apply:* 

	ibility Groups Served in the Waiver (excluding the special home and community-based waiver up under 42 CFR §435,217)		
	Low income families with children as provided in §1931 of the Act		
×	SSI recipients		
	Aged, blind or disabled in 209(b) states who are eligible under 42 CFR §435.121		
	Optional State supplement recipients		
	Optional categorically needy aged and/or disabled individuals who have income at: (select one)		
	O 100% of the Federal poverty level (FPL)		
	O % of FPL, which is lower than 100% of FPL		
	Working individuals with disabilities who buy into Medicaid (BBA working disabled group as provided in $\S1902(a)(10)(A)(ii)(XIII)$ ) of the Act)		
	Working individuals with disabilities who buy into Medicaid (TWWIIA Basic Coverage Group as provided in §1902(a)(10)(A)(ii)(XV) of the Act)		
	Working individuals with disabilities who buy into Medicaid (TWWIIA Medical Improvement Coverage Group as provided in §1902(a)(10)(A)(ii)(XVI) of the Act)		
	Disabled individuals age 18 or younger who would require an institutional level of care (TEFRA 134 eligibility group as provided in §1902(e)(3) of the Act)		
	Medically needy		
	Other specified groups (include only the statutory/regulatory reference to reflect the additional groups in the State plan that may receive services under this waiver) <i>specify</i> :		
hom	tial home and community-based waiver group under 42 CFR §435.217) Note: When the special e and community-based waiver group under 42 CFR §435.217 is included, Appendix B-5 must be pleted		
0	<b>No</b> . The State does not furnish waiver services to individuals in the special home and community-based waiver group under 42 CFR §435.217. Appendix B-5 is not submitted.		
0	<b>Yes</b> . The State furnishes waiver services to individuals in the special home and community-based waiver group under 42 CFR §435.217. <i>Select one and complete Appendix B-5</i> .		
	O All individuals in the special home and community-based waiver group under 42 CFR §435.217		

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×	-	Only the following groups of individuals in the special home and community-based waiver group under 42 CFR §435.217 (check each that applies):				
	×	A sp	A special income level equal to (select one):			
		×	300% of the SSI Federal Benefit Rate (FBR)			
		0	%	of FBR, which is lower than 300% (42 CFR §435.236)		
		0	\$	which is lower than 300%		
			Aged, blind and disabled individuals who meet requirements that are more restrictive than the SSI program (42 CFR §435.121)			
			dically needy without spenddown in States which also provide Medicaid to ipients of SSI (42 CFR §435.320, §435.322 and §435.324)			
		Medi	dically needy without spend down in 209(b) States (42 CFR §435.330)			
		Aged	Aged and disabled individuals who have income at: (select one)			
		0	O 100% of FPL			
		0	%	of FPL, which is lower than 100%		
		Other specified groups (include only the statutory/regulatory reference to reflect the additional groups in the State plan that may receive services under this waiver) specify:				

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### Appendix B-5: Post-Eligibility Treatment of Income

In accordance with 42 CFR §441.303(e), Appendix B-5 must be completed when the State furnishes waiver services to individuals in the special home and community-based waiver group under 42 CFR §435.217, as indicated in Appendix B-4. Post-eligibility applies only to the 42 CFR §435.217 group. A State that uses spousal impoverishment rules under §1924 of the Act to determine the eligibility of individuals with a community spouse may elect to use spousal post-eligibility rules under §1924 of the Act to protect a personal needs allowance for a participant with a community spouse.

**a. Use of Spousal Impoverishment Rules.** Indicate whether spousal impoverishment rules are used to determine eligibility for the special home and community-based waiver group under 42 CFR §435.217 (*select one*):

0	Spousal impoverishment rules under §1924 of the Act are used to determine the eligibility of individuals with a community spouse for the special home and community-based waiver group. In the case of a participant with a community spouse, the State elects to ( <i>select one</i> ):			
	0	Use <i>spousal</i> post-eligibility rules under §1924 of the Act. <i>Complete ItemsB-5-b-2 (SSI State)</i> or <i>B-5-c-2 (209b State)</i> and <i>Item B-5-d</i> .		
	0	Use <i>regular</i> post-eligibility rules under 42 CFR §435.726 (SSI State) ( <i>Complete Item B-5-b-1</i> ) or under §435.735 (209b State) ( <i>Complete Item B-5-c-1</i> ). Do not complete <i>Item B-5-d</i> .		
×	Spousal impoverishment rules under §1924 of the Act are not used to determine eligibility of individuals with a community spouse for the special home and community-based waiver group. The State uses regular post-eligibility rules for individuals with a community spouse. <i>Complete Item B-5-c-1 (SSI State) or Item B-5-d-1 (209b State). Do not complete Item B-5-d.</i>			

NOTE: Items B-5-b-1 and B-5-c-1 are for use by states that do not use spousal eligibility rules or use spousal impoverishment eligibility rules but elect to use regular post-eligibility rules.

**b-1. Regular Post-Eligibility Treatment of Income: SSI State.** The State uses the post-eligibility rules at 42 CFR §435.726. Payment for home and community-based waiver services is reduced by the amount remaining after deducting the following allowances and expenses from the waiver participant's income:

i. <u>A</u>	i. Allowance for the needs of the waiver participant (select one):						
×	The f	e following standard included under the State plan (select one)					
	0	SSI standard					
	0	Optional State s	upplement standard				
	0	Medically needy	y income standard				
	×	The special inco	ome level for institutionalized persons (select one):				
		× 300% of the	e SSI Federal Benefit Rate (FBR)				
		0 %	O % of the FBR, which is less than 300%				
		0 \$	which is less than 300%.				
	0	%	% of the Federal poverty level				
	0	Other (specify):					
0	The f	following dollar a	mount: \$ If this amount changes, this item will be revised.				

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0	The following formula is used to determine the needs allowance:					
ii.	Allowance for the spouse only (select one):					
0	SSI standard					
0	Optional State supplement standard					
0	Medically needy income standard					
0	The following dollar amount: \$\\$ If this amount changes, this item will be revised.					
0	The amount is determined using the following formula:					
×	Not applicable (see instructions)					
iii.	Allowance for the family (select one):					
0	AFDC need standard					
0	Medically needy income standard					
0	The following dollar amount: \$\\$ The amount specified cannot exceed the higher of the need standard for a family of the same size used to determine eligibility under the State's approved AFDC plan or the medically needy income standard established under 42 CFR \\$435.811 for a family of the same size. If this amount changes, this item will be revised.					
0	The amount is determined using the following formula:					
0	Other (specify):					
×	Not applicable (see instructions)					
	iv. Amounts for incurred medical or remedial care expenses not subject to payment by a third party, specified in 42 §CFR 435.726:					
b. N	Health insurance premiums, deductibles and co-insurance charges  Necessary medical or remedial care expenses recognized under State law but not covered under the State's Medicaid plan, subject to reasonable limits that the State may establish on the amounts of hese expenses. <i>Select one:</i>					
×	The State does not establish reasonable limits.					
0	The State establishes the following reasonable limits (specify):					

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**c-1. Regular Post-Eligibility: 209(b) State**. The State uses more restrictive eligibility requirements than SSI and uses the post-eligibility rules at 42 CFR §435.735. Payment for home and community-based waiver services is reduced by the amount remaining after deducting the following amounts and expenses from the waiver participant's income:

i. <u>All</u>	llowance for the needs of the waiver participant (select one):							
0	The fo	ollow	ring standa	ırd inclu	ded under the	State plan (select one)		
	0	The following standard under 42 CFR §435.121:						
	0	Opt	tional State	e supplei	ment standard			
	0	Me	dically nee	edy inco	me standard			
	0	The	special in	come le	vel for institut	ionalized persons (select one)		
		0	300% of		Federal Benef	` /		
		0	%			less than 300%		
		0	\$	which	is less than 30	0% of the FBR		
	0				ederal poverty	level		
	0	Oth	er (specify	y):				
0	The fo	ollow	ing dollar a	amount:	\$	If this amount changes, this item will be revised.		
0	The fo	ollow	ing formu	la is use	d to determine	the needs allowance:		
ii. Al	lowanc	e for	the spous	se only (	select one):			
0					42 CFR §435	5.121		
	Ontio	1 C	tata ayaa 1	44.	and and			
0	_		tate supple					
0			ing dollar a		\$	If this amount changes, this item will be revised.		
0					ing the following	<u> </u>		
	THC a	mour	it is actern	illica us	ing the following	ing formula.		
	NT 4	1.	11 /					
O			able (see in		•			
	Allowance for the family (select one)							
0	AFDC need standard							
0	Medically needy income standard							

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0	The following dollar amount: \$\\$ The amount specified cannot exceed the higher
	of the need standard for a family of the same size used to determine eligibility under the State's
	approved AFDC plan or the medically needy income standard established under
	42 CFR §435.811 for a family of the same size. If this amount changes, this item will be revised.
0	The amount is determined using the following formula:
0	Other (specify):
0	Not applicable (see instructions)
	Amounts for incurred medical or remedial care expenses not subject to payment by a third party, specified in 42 CFR §435.735:
p	Amounts for incurred medical or remedial care expenses not subject to payment by a third
a. H b. N	Amounts for incurred medical or remedial care expenses not subject to payment by a third party, specified in 42 CFR §435.735:
a. H b. N	Amounts for incurred medical or remedial care expenses not subject to payment by a third party, specified in 42 CFR §435.735:  Mealth insurance premiums, deductibles and co-insurance charges  Mecessary medical or remedial care expenses recognized under State law but not covered under the state's Medicaid plan, subject to reasonable limits that the State may establish on the amounts of
a. H b. N S	Amounts for incurred medical or remedial care expenses not subject to payment by a third party, specified in 42 CFR §435.735:  Mealth insurance premiums, deductibles and co-insurance charges  Mecessary medical or remedial care expenses recognized under State law but not covered under the state's Medicaid plan, subject to reasonable limits that the State may establish on the amounts of these expenses. Select one:

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NOTE: Items B-5-c-2 and B-5-d-2 are for use by states that use spousal impoverishment eligibility rules *and* elect to apply the spousal post eligibility rules.

**b-2. Regular Post-Eligibility Treatment of Income: SSI State.** The State uses the post-eligibility rules at 42 CFR §435.726 for individuals who do not have a spouse or have a spouse who is not a community spouse as specified in §1924 of the Act. Payment for home and community-based waiver services is reduced by the amount remaining after deducting the following allowances and expenses from the waiver participant's income:

i. <u>A</u>	Allowance for the needs of the waiver participant (select one):								
×	The	owing standard included under the State plan (select one)							
	0	SI standard							
	0	Optional State supplement standard							
	0	Medically needy income standard							
	×	The special income level for institutionalized persons (select one):							
		300% of the SSI Federal Benefit Rate (FBR)							
		% of the FBR, which is less than 300%							
		which is less than 300%.							
	0	% of the Federal poverty level							
	0	Other (specify):							
0		owing dollar amount: \$ If this amount changes, this item will be revised.							
0	The	owing formula is used to determine the needs allowance:							
ii. A	l Allows	e for the spouse only (select one):							
0		e provides an allowance for a spouse who does not meet the definition of a community							
		state provides an anowance for a spouse who does not meet the definition of a community use in §1924 of the Act. Describe the circumstances under which this allowance is provided:							
	_								
Ī	Speci	the amount of the allowance:							
	0	I standard							
	0	stional State supplement standard							
	0	edically needy income standard							
		e following dollar sount:  If this amount changes, this item will be revised.							
	0	e amount is determined using the following formula:							
×	Not applicable								

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iii.	Allowance for the family (select one):			
0	AFDC need standard			
0	Medically needy income standard			
0	The following dollar amount:  S  The amount specified cannot exceed the higher of the need standard for a family of the same size used to determine eligibility under the State's approved AFDC plan or the medically needy income standard established under 42 CFR §435.811 for a family of the same size. If this amount changes, this item will be revised.			
0	The amount is determined using the following formula:			
,				
0	Other (specify):			
×	Not applicable (see instructions)			
	iv. Amounts for incurred medical or remedial care expenses not subject to payment by a third party, specified in 42 CFR §435.726:			
b. 1	lealth insurance premiums, deductibles and co-insurance charges  Necessary medical or remedial care expenses recognized under State law but not covered under the State's Medicaid plan, subject to reasonable limits that the State may establish on the amounts of these expenses. Select one:			
0	The State does not establish reasonable limits.			
0	The State establishes the following reasonable limits (specify):			

**c-2. Regular Post-Eligibility: 209(b) State**. The State uses more restrictive eligibility requirements than SSI and uses the post-eligibility rules at 42 CFR §435.735 for individuals who do not have a spouse or have a spouse who is not a community spouse as specified in §1924 of the Act. Payment for home and community-based waiver services is reduced by the amount remaining after deducting the following amounts and expenses from the waiver participant's income:

i. Allowance for the needs of the waiver participant (select one):				
0	The fo	ollowing standard included under the State plan (select one)		
	0	The following standard under 42 CFR §435.121:		g standard under 42 CFR §435.121:
	0	Optional State supplement standard		
	0	Medically needy income standard		
	0	The special income level for institutionalized persons (select one)		
		0	300% of	the SSI Federal Benefit Rate (FBR)
		0	%	of the FBR, which is less than 300%
		O \$ which is less than 300% of the FBR		
	0	% of the Federal poverty level		

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	0	Other (specify):
	TI	
0		e following dollar amount: \$\\$ If this amount changes, this item will be revised.
	1110	e following formula is used to determine the needs anowance.
::	Allow	tomas for the groups only (select one):
ii. <u>/</u>		state provides an allowance for a spouse who does not meet the definition of a community
		ise in §1924 of the Act. Describe the circumstances under which this allowance is provided:
		-
	Spec	eify the amount of the allowance:
	O	The following standard under 42 CFR §435.121:
	0	Optional State supplement standard
	0	Medically needy income standard  The following dollar \$ If this amount changes, this item will be revised.
	•	amount:
Î	0	The amount is determined using the following formula:
×	Not	applicable
iii.	Allow	vance for the family (select one)
0		DC need standard
0	Me	dically needy income standard
0		e following dollar amount: \$\ \\$ The amount specified cannot exceed the higher
		he need standard for a family of the same size used to determine eligibility under the State's proved AFDC plan or the medically needy income standard established under
	42	CFR §435.811 for a family of the same size. If this amount changes, this item will be
		ised.
0	The	e amount is determined using the following formula:
0	Oth	or (anaify):
	Oir	ner (specify):
×	No	t applicable (see instructions)

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- iv. Amounts for incurred medical or remedial care expenses not subject to payment by a third party, specified in 42 CFR 435.735:
- a. Health insurance premiums, deductibles and co-insurance charges
- b. Necessary medical or remedial care expenses recognized under State law but not covered under the State's Medicaid plan, subject to reasonable limits that the State may establish on the amounts of these expenses. *Select one*:
- O The State does not establish reasonable limits.
- O The State establishes the following reasonable limits (*specify*):

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#### d. Post-Eligibility Treatment of Income Using Spousal Impoverishment Rules

The State uses the post-eligibility rules of §1924(d) of the Act (spousal impoverishment protection) to determine the contribution of a participant with a community spouse toward the cost of home and community-based care if it determines the individual's eligibility under §1924 of the Act. There is deducted from the participant's monthly income a personal needs allowance (as specified below), a community spouse's allowance, a family allowance, and an amount for incurred expenses for medical or remedial care.

i. <u>A</u>	i. Allowance for the personal needs of the waiver participant (select one):			
0	SSI Standard			
0	Optional State Supplement standard			
0	Medically Needy Income Standard			
0	The special income level for institutionalized persons			
0	% of the Federal Poverty Level			
0	The following dollar amount: \$\\$ If this amount changes, this item will be revised			
0	The following formula is used to determine the needs allowance:			
0	Other (specify):			
ii.	<b>ii</b> . If the allowance for the personal needs of a waiver participant with a community spouse is different from the amount used for the individual's maintenance allowance under 42 CFR §435.726 or 42 CFR §435.735, explain why this amount is reasonable to meet the individual's maintenance needs in the community. <i>Select one:</i>			
0	Allowance is the same			
0	Allowance is different. Explanation of difference:			
	iii. Amounts for incurred medical or remedial care expenses not subject to payment by a third party, specified section 1902(r)(1) of the Act:			
a. H	a. Health insurance premiums, deductibles and co-insurance charges.			
1	Necessary medical or remedial care expenses recognized under State law but not covered under he State's Medicaid plan, subject to reasonable limits that the State may establish on the amounts of these expenses. <i>Select one:</i>			
0	The State does not establish reasonable limits.			
0	The State uses the same reasonable limits as are used for regular (non-spousal) post-eligibility.			

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#### Appendix B-6: Evaluation/Reevaluation of Level of Care

As specified in 42 CFR §441.302(c), the State provides for an evaluation (and periodic reevaluations) of the need for the level(s) of care specified for this waiver, when there is a reasonable indication that an individual may need such services in the near future (one month or less), but for the availability of home and community-based waiver services.

**a. Reasonable Indication of Need for Services.** In order for an individual to be determined to need waiver services, an individual must require: (a) the provision of at least one waiver service, as documented in the service plan, <u>and</u> (b) the provision of waiver services at least monthly or, if the need for services is less than monthly, the participant requires regular monthly monitoring which must be documented in the service plan. Specify the State's policies concerning the reasonable indication of the need for waiver services:

i.	<b>Minimum number of services</b> . The minimum number of waiver services (one or more) that an individual must require in order to be determined to need waiver services is ( <i>insert number</i> ):				
	C	one			
ii.	Fre	Frequency of services. The State requires (select one):			
	×	The provision of waiver services at least monthly			
	0	Monthly monitoring of the individual when services are furnished on a less than monthly basis. If the State also requires a minimum frequency for the provision of waiver services other than monthly (e.g., quarterly), specify the frequency:			

**b.** Responsibility for Performing Evaluations and Reevaluations. Level of care evaluations and reevaluations are performed (*select one*):

0	Directly by the Medicaid agency		
0	By the operating agency specified in Appendix A		
×	By an entity under contract with the Medicaid agency. Specify the entity:		
	The Alabama Department of Rehabilitation Services through the Targeted Case Management process conducts the initial evaluations and reevaluations of the level of care. The Alabama Medicaid Agency's Medical Director determines the number of hours of private duty nursing services needed based upon the individual's medical condition.		
0	Other (specify):		

**c. Qualifications of Individuals Performing Initial Evaluation:** Per 42 CFR §441.303(c)(1), specify the educational/professional qualifications of individuals who perform the initial evaluation of level of care for waiver applicants:

The qualifications of individuals performing the Initial Evaluations are:

- Bachelors of Arts degree or a Bachelor of Science degree from an accredited college or university, preferably in a human services related field, or;
- Bachelor of Arts degree or a Bachelor of Science degree from an accredited School of Social Work, or;

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- Licensed Social Worker
- Bachelor of Science in Nursing (BSN) from an accredited School of Nursing licensed as a Registered Professional Nurse (RN) by the State of Alabama Board of Nursing in accordance with Code of Ala., 1975, Section 34-21-21.
- Licensed as a Registered Professional Nurse (RN) by the State of Alabama Board of Nursing in accordance with Code of Ala., Section 34-21-21.
- Physician (M.D. or D.O.)

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d. Level of Care Criteria. Fully specify the level of care criteria that are used to evaluate and reevaluate whether an individual needs services through the waiver and that serve as the basis of the State's level of care instrument/tool. Specify the level of care instrument/tool that is employed. State laws, regulations, and policies concerning level of care criteria and the level of care instrument/tool are available to CMS upon request through the Medicaid agency or the operating agency (if applicable), including the instrument/tool utilized.

#### The Level of Care Criteria:

The TA Waiver recipient must meet the nursing facility level of care. New admissions must meet two (2) criteria. Redeterminations must meet one (1) criterion. Supporting documentation must be present in the application.

#### The Admission Criteria is as follows:

- A. Administration of a potent and dangerous injectable medication and intravenous medication and solutions on a daily basis or administration of routine oral medications, eye drops, or ointments.
- B. Restorative nursing procedures (such as gait training and bowel and bladder training) in the case of clients who are determined to have restorative potential and can benefit from training on a daily basis per physician's orders.
- C. Nasopharyngeal aspiration required for the maintenance of a clear airway.
- D. Maintenance of tracheostomy, gastrostomy, colostomy, ileostomy and other tubes indwelling in body cavities and an adjunct to active treatment for rehabilitation of disease for which stoma was created
- E. Administration of tube feeding by naso-gastric tube.
- F. Care of extensive decubitus ulcers or other widespread skin disorders.
- G. Observation of unstable medical conditions required on a regular and continuing basis that can be provided by or under the direction of a registered nurse.
- H. Use of oxygen on a regular basis.
- I. Application of dressing involving prescription medications and aseptic techniques and/or changing of dressing in noninfected, postoperative, or chronic conditions per physician's orders.
- J. Comatose client receiving routine medical treatment.

#### The Level of Care Instrument:

The level of care form used by the state, as incorporated into this waiver, is the form that is utilized for other approved 1915 (c) home and community based service (HCBS) waivers. The level of care instrument lists 10 admission criteria. This form requires a complete assessment of the client's home environment.

- **e.** Level of Care Instrument(s). Per 42 CFR §441.303(c) (2), indicate whether the instrument/tool used to evaluate level of care for the waiver differs from the instrument/tool used to evaluate institutional level of care (*select one*):
  - The same instrument is used in determining the level of care for the waiver and for institutional care under the State Plan.
  - A different instrument is used to determine the level of care for the waiver than for institutional care under the State plan. Describe how and why this instrument differs from the form used to evaluate institutional level of care and explain how the outcome of the determination is reliable, valid, and fully comparable.

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**f.** Process for Level of Care Evaluation/Reevaluation. Per 42 CFR §441.303(c) (1), describe the process for evaluating waiver applicants for their need for the level of care under the waiver. If the reevaluation process differs from the evaluation process, describe the differences:

The Level of Care Evaluations are conducted according to a standardized process, on all applicants for waiver services who meet admission criteria established by the Alabama Medicaid Agency. The Medicaid Agency has delegated the level of care determinations to the Alabama Department of Rehabilitation Services (ADRS). Once eligibility has been determined, ADRS completes a summary application page verifying eligibility. This information is submitted to the Medicaid fiscal agent to add to the Medicaid Long Term Care File which "authorizes" payment for waiver services. The Department of Rehabilitation Services sends a copy of the TA Waiver recipient's medical record is forwarded to the TA Waiver Coordinator. The TA Waiver Coordinator reviews the medical record to ensure that the required documentation is present before delivering the medical file to the Medical Director. The Medical Director makes the final level of care determination and approves the necessary private duty nursing hours.

**g. Reevaluation Schedule**. Per 42 CFR §441.303(c)(4), reevaluations of the level of care required by a participant are conducted no less frequently than annually according to the following schedule (*select one*):

0	Every three months
×	Every six months
0	Every twelve months
0	Other schedule (specify):

**h. Qualifications of Individuals Who Perform Reevaluations.** Specify the qualifications of individuals who perform reevaluations (*select one*):

×	The qualifications of individuals who perform reevaluations are the same as individuals who perform initial evaluations.
0	The qualifications are different. The qualifications of individuals who perform reevaluations are (specify):

**i. Procedures to Ensure Timely Reevaluations.** Per 42 CFR §441.303(c) (4), specify the procedures that the State employs to ensure timely reevaluations of level of care (*specify*):

The case managers re-evaluate each waiver participant's needs for waiver services every 6 months. Participant records are reviewed, at a minimum, within 14 days of the expiration of the waiver eligibility approval period. The Alabama Medicaid's TA Waiver Nurse Reviewer maintains a record of each waiver participant re-evaluation date in a Tickler File and works closely with the Department of Rehabilitation Services to ensure timely re-evaluations.

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**j. Maintenance of Evaluation/Reevaluation Records.** Per 42 CFR §441.303(c)(3), the State assures that written and/or electronically retrievable documentation of all evaluations and reevaluations are maintained for a minimum period of 3 years as required in 45 CFR §74.53. Specify the location(s) where records of evaluations and reevaluations of level of care are maintained:

Documentation of evaluations and re-evaluations are maintained in the following locations:

- The Alabama Medicaid Agency
- The Alabama Department of Rehabilitation Services
- The Direct Service Provider's Office
- The Case Managers Office Files

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### Appendix B-7: Freedom of Choice

**Freedom of Choice**. As provided in 42 CFR §441.302(d), when an individual is determined to be likely to require a level of care for this waiver, the individual or his or her legal representative is:

- i. informed of any feasible alternatives under the waiver; and
- ii. given the choice of either institutional or home and community-based services.
- **a. Procedures.** Specify the State's procedures for informing eligible individuals (or their legal representatives) of the feasible alternatives available under the waiver and allowing these individuals to choose either institutional or waiver services. Identify the form(s) that are employed to document freedom of choice. The form or forms are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

During the initial contact made by the case manager, the client is informed of the feasible alternatives available under the waiver. The applicant is informed about the services available under the waiver and the scope of each service. Activities or tasks performed within each service are described in detail as well as any specific limitations within each service.

The applicant is also informed of their likelihood to meet financial and medical criteria.

Based upon the information provided, the client is then asked of their preference between community and institutional services.

**Maintenance of Forms**. Per 45 CFR §74.53, written copies or electronically retrievable facsimiles of Freedom of Choice forms are maintained for a minimum of three years. Specify the locations where copies of these forms are maintained.

The Freedom of Choice Forms are maintained in the client's records located at the following locations:

- The Alabama Medicaid Agency
- The Alabama Department of Rehabilitation Services. The Freedom of Choice Forms are maintained for 5 years.

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## Appendix B-8: Access to Services by Limited English Proficient Persons

Access to Services by Limited English Proficient Persons. Specify the methods that the State uses to provide meaningful access to the waiver by Limited English Proficient persons in accordance with the Department of Health and Human Services "Guidance to Federal Financial Assistance Recipients Regarding Title VI Prohibition Against National Origin Discrimination Affecting Limited English Proficient Persons" (68 FR 47311 - August 8, 2003):

Accommodations made for Limited English Proficiency (LEP) persons include a language line as well as several publications in Spanish on the Medicaid Website such as the Covered Services Handbook, and basic eligibility documents. The language translation line offers numerous languages and meaningful access through the Medicaid toll free telephone number. Through the translators the LEP person can request and receive any available Medicaid assistance and apply for available Medicaid services. Hispanic is the only significant Limited English proficiency population in the State of Alabama at 1.7%. It should be noted the TA Waiver population is a small percentage of the total Medicaid population since it serves four adult recipients, i.e., there is a very limited eligible population for this waiver from a pool of potential eligibles.

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# **Appendix C: Participant Services**

## Appendix C-1: Summary of Services Covered

**a.** Waiver Services Summary. Appendix C-3 sets forth the specifications for each service that is offered under this waiver. List the services that are furnished under the waiver in the following table. If case management is not a service under the waiver, complete items C-1-b and C-1-c:

Statutory Services (check each that applies)				
Service		Included	Alternate Service Title (if any)	
Case Management				
Hom	emaker			
Hom	e Health Aide			
Perso	onal Care			
Adul	t Day Health			
Habi	litation			
Res	idential Habilitation			
Day Habilitation				
Expa	nded Habilitation Servic	es as provided in 42	CFR §440.180(c):	
Pre	vocational Services			
Supported Employment				
Education				
Respite				
Day	Treatment			
Partia	al Hospitalization			
Psyc	hosocial Rehabilitation			
Clini	c Services			
	Fin Caregiver CFR §441.303(f)(8))			
Othe	er Services (select one)			
0	Not applicable			
×	As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional services not specified in statute ( <i>list each service by title</i> ):			
a.	Private Duty Nursing			
b.	Personal Care/Attendant Service			

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c.	Medical Supplies			
d.	Assistive Technology			
e.				
f.				
g.				
h.				
i.				
Exte	ended State Plan Services (select	t one)		
×	Not applicable			
0	The following extended State plan services are provided (list each extended State plan service by service title):			
a.				
b.				
c.				
Sup	ports for Participant Direction	(select one)		
0			etion of services as specified in Appendix E. Indicate supports or other supports for participant direction.	
×	Not applicable			
	Support	Included	Alternate Service Title (if any)	
Information and Assistance in Support of Participant Direction				
Fina	Financial Management Services			
Other Supports for Participant Direction (list each support by service title):				
a.				
b.				
c.				

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b.	Alternate Provision of Case Management Services to Waiver Participants.	When case management
	is not a covered waiver service, indicate how case management is furnished to v	vaiver participants (check
	each that applies):	

×	As a Medicaid State plan service under §1915(g) (1) of the Act (Targeted Case Management). <i>Complete item C-1-c.</i>
	As an administrative activity. Complete item C-1-c.
	Not applicable – Case management is not furnished as a distinct activity to waiver participants. <i>Do not complete Item C-1-c.</i>

**c. Delivery of Case Management Services.** Specify the entity or entities that conduct case management functions on behalf of waiver participants:

The Alabama Department of Rehabilitation Services is the entity that conducts targeted case management services on behalf of the participants within the TA Waiver.

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## Appendix C-2: General Service Specifications

a.	Criminal History and	or Background	Investigations. S	pecify the State's	policies concerning the
	conduct of criminal hi	istory and/or bacl	kground investigat	tions of individual	s who provide waiver
	services-(select one):				

0	Yes. Criminal history and/or background investigations are required. Specify: (a) the types of positions (e.g., personal assistants, attendants) for which such investigations must be conducted; (b) the scope of such investigations (e.g., state, national); and, (c) the process for ensuring that mandatory investigations have been conducted. State laws, regulations and policies referenced in this description are available to CMS upon request through the Medicaid or the operating agency (if applicable):
×	No. Criminal history and/or background investigations are not required.

**b. Abuse Registry Screening**. Specify whether the State requires the screening of individuals who provide waiver services through a State-maintained abuse registry (*select one*):

0	Yes. The State maintains an abuse registry and requires the screening of individuals through this registry. Specify: (a) the entity (entities) responsible for maintaining the abuse registry; (b) the types of positions for which abuse registry screenings must be conducted; and, (c) the process for ensuring that mandatory screenings have been conducted. State laws, regulations and policies referenced in this description are available to CMS upon request through the Medicaid agency or the operating agency (if applicable):
×	No. The State does not conduct abuse registry screening.

c. Services in Facilities Subject to §1616(e) of the Social Security Act. Select one:

×	<b>No</b> . Home and community-based services under this waiver are not provided in facilities subject to §1616(e) of the Act. <i>Do not complete Items C-2-c.i - c.iii</i> .
0	<b>Yes</b> . Home and community-based services are provided in facilities subject to §1616(e) of the Act. The standards that apply to each type of facility where waiver services are provided are available to CMS upon request through the Medicaid agency or the operating agency (if applicable). <i>Complete Items C-2-c.i -c.iii</i> .

**i. Types of Facilities Subject to \$1616(e)**. Complete the following table for *each type* of facility subject to \$1616(e) of the Act:

Type of Facility	Waiver Service(s) Provided in Facility	Facility Capacity Limit
JI J		

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•	<b>Scope of Facility Standards</b> . By standards address the following (charge)			-c-i, specify who	ether the State'
Ī		Facility Type	Facility Type	Facility Type	Facility Type
	Standard				
Î	Admission policies				
Î	Physical environment				
	Sanitation				
Î	Safety				
Î	Staff: resident ratios				
Ĭ	Staff training and qualifications				
Ĭ	Staff supervision				
Ĭ	Resident rights				
Ĭ	Medication administration				
Ĭ	Use of restrictive interventions				
Ĭ	Incident reporting				
Î	Provision of or arrangement for necessary health services				
	When facility standards do not add not included or is not relevant to welfare of participants is assured in	the facility typ	e or population	. Explain how	

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- d. Provision of Personal Care or Similar Services by Legally Responsible Individuals. A legally responsible individual is any person who has a duty under State law to care for another person and typically includes: (a) the parent (biological or adoptive) of a minor child or the guardian of a minor child who must provide care to the child or (b) a spouse of a waiver participant. Except at the option of the State and under extraordinary circumstances specified by the State, payment may not be made to a legally responsible individual for the provision of personal care or similar services that the legally responsible individual would ordinarily perform or be responsible to perform on behalf of a waiver participant. Select one:
  - No. The State does not make payment to legally responsible individuals for furnishing personal care or similar services.
  - Yes. The State makes payment to legally responsible individuals for furnishing personal care or similar services when they are qualified to provide the services. Specify: (a) the legally responsible individuals who may be paid to furnish such services and the services they may provide; (b) State policies that specify the circumstances when payment may be authorized for the provision of *extraordinary care* by a legally responsible individual and how the State ensures that the provision of services by a legally responsible individual is in the best interest of the participant; and, (c) the controls that are employed to ensure that payments are made only for services rendered. Also, specify in Appendix C-3 the personal care or similar services for which payment may be made to legally responsible individuals under the State policies specified here.
- e. Other State Policies Concerning Payment for Waiver Services Furnished by Relatives/Legal Guardians. Specify State policies concerning making payment to relatives/legal guardians for the provision of waiver services over and above the policies addressed in Item C-2-d. *Select one*:
  - O The State does not make payment to relatives/legal guardians for furnishing waiver services.
  - The State makes payment to relatives/legal guardians under *specific circumstances* and only when the relative/guardian is qualified to furnish services. Specify the specific circumstances under which payment is made, the types of relatives/legal guardians to whom payment may be made, and the services for which payment may be made. Specify the controls that are employed to ensure that payments are made only for services rendered. *Also, specify in Appendix C-3 each waiver service for which payment may be made to relatives/legal guardians*.

Services provided by relatives or friends may be covered only if relatives or friends meet the qualifications as providers of care and are employed by an approved provider of service. However providers of service cannot be a parent/legal guardian of a minor or a spouse of the individual receiving services, when the services are those that these persons are legally obligated to provide. There must be strict controls to assure that payment is made to the relatives or friends as providers only in return for private duty nursing services. Additionally, there must be adequate justification as to why the relative or friend is the provider of care and there is documentation in the case manager's file showing the lack of other qualified providers in remote areas.

Relatives/legal guardians may be paid for providing waiver services whenever the relative/legal guardian is qualified to provide services as specified in Appendix C-3. Specify any limitations on the types of relatives/legal guardians who may furnish services. Specify the controls that are

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	employed to ensure that payments are made only for services rendered. <i>Also, specify in Appendix C-3 each waiver service for which payment may be made to relatives/legal guardians.</i>
0	Other policy. Specify:

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**f. Open Enrollment of Providers**. Specify the processes that are employed to assure that all willing and qualified providers have the opportunity to enroll as waiver service providers as provided in 42 CFR §431.51:

Enrollment of qualified providers is an ongoing process. Medicaid's fiscal agent (EDS) enrolls private duty nursing, home health, and durable medical equipment providers, and issues provider contracts to applicants who meet the licensure and/or certification requirements of the state of Alabama, the Code of Federal Regulations, the Alabama Medicaid Agency Administrative Code, and the Alabama Medicaid Provider Manual. All willing and qualified providers are given an opportunity to enroll as a TA Waiver provider.

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## Appendix C-3: Waiver Services Specifications

For each service listed in Appendix C-1, provide the information specified below. State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

	Service Specification				
Servi	Service Title: Private Duty Nursing				
Comp	Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one:				
×	× Service is included in approved waiver. There is no change in service specifications.				
O Service is included in approved waiver. The service specifications have been modified.					
O Service is not included in the approved waiver.					
Service Definition (Scope):					

**Private Duty Nursing**: a service which provides skilled medical observation and nursing services performed by a Registered Nurse or Licensed Practical Nurse who performs their duties in compliance with the Nurse Practice Act and the Alabama State Board of Nursing. Private Duty Nursing under the waiver does not duplicate skilled nursing under the mandatory home health benefit in the State Plan. If a waiver client meets the criteria to receive the home health benefits, home health is utilized first and exhausted before Private Duty Nursing under the waiver is utilized.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

#### **Private Duty Nursing:**

The unit of service is one (1) hour of direct Private Duty Nursing care provided in the client's home or other location of service. The number of units authorized per visit is stipulated on the Plan of Care (POC) and Service Authorization Form. The amount of time authorized does not include transportation time to and from the client's residence or other location of service or the Private Duty Nurse's break or mealtime.

The number of units and services provided to each client is dependent upon the individual client's need as set for the in the client's POC established by the case manager, if case management is elected by the client, and is subject to approval by the Alabama Medicaid Agency (AMA). Private Duty Nursing Services are reimbursable for up to twelve (12) hours per day per client except as otherwise provided.

Additional hours may be authorized for a maximum of 90 days if any of the following apply:

- Immediately following hospital discharge when the qualified caregiver is being trained in care and procedures;
- There is an acute episode that would otherwise require hospitalization, and the treating physician determines that non-institutionalized care is still safe for the client; or an alternate qualified caregiver must be identified and trained;
- The approved caregiver is ill or temporarily unable to provide care. An alternate qualified caregiver must be identified and trained: or
- The Alabama Medicaid Agency determines it is medically necessary upon review of submitted medical documentation. Approval of hours in excess of 12 hours per day may be granted subject to review every thirty (30) days.

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For each service listed in Appendix C-1, provide the information specified below. State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Specification				
Servi	Service Title: Personal Care/Attendant Services			
Comp	Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one:			
×	Service is included in approved waiver. There is no change in service specifications.			
O Service is included in approved waiver. The service specifications have been modified.				
O Service is not included in the approved waiver.				
Service Definition (Scope):				

**Personal Care/Attendant Service**: (PC/AS) provides in-home and out-of-home (job site) assistance with eating, bathing, dressing, caring for personal hygiene, toileting, transferring from bed to chair and vise versa, ambulation, maintaining continence, medication management and other activities of daily living (ADLs). It may include assistance with independent activities of daily living (IADLs) such as meal preparation, using the telephone, and household chores such as, laundry, bed-making, dusting and vacuuming, which are incidental to the assistance provided with ADLs or essential to the health and welfare of the client rather than the client's family.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

#### **Personal Care/Attendant Care Services:**

Personal Care/Attendant Care Services (PC/AS) provides in-home and out-of-home (job site) assistance with eating, bathing, dressing, caring for personal hygiene, toileting, transferring from bed to chair and visa versa, ambulation, maintaining continence, medication management and other activities of daily living (ADLs). It may include assistance with independent activities of daily living (IADLs) such as meal preparation, using the telephone, and household chores such as laundry, bed-making, dusting and vacuuming, which are incidental to the assistance provided with ADLs or essential to the health and welfare of the client rather than the client's family.

- This service will be provided to individuals with disabilities inside and outside of their home. It may enable them to enter or to maintain employment. The amount of time should be the number of hours sufficient to accommodate individuals with disabilities to work
- The unit of service will be one (1) hour of direct PC/AS Service provided either in the client's residence or another setting outside of the home. The number of units authorized per visit must be stipulated on the Plan of care and the Service Authorization Form or Service Provider Contract.
- The amount of time authorized does not include transportation time to and from the client's residence or place of employment or the Personal Care/Attendant Service Worker's break or mealtime.
- The number of units and service provided to each client is dependent upon the individual client's needs as set forth in the client's Plan of Care established by the Case Manager, if case management is elected by the client, and subject to approval by the Alabama Medicaid Agency (AMA). Medicaid will not reimburse for activities performed which are not within the scope of service.
- If this service is being used for employment, the AMA will have a signed agreement with the employer stating that is acceptable to have a PC/AS Worker on the job site.

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## Appendix C-3: Waiver Services Specifications

For each service listed in Appendix C-1, provide the information specified below. State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

	Service Specification				
Servi	Service Title: Medical Supplies and Appliances				
Comp	Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one:				
×	× Service is included in approved waiver. There is no change in service specifications.				
O Service is included in approved waiver. The service specifications have been modified.					
O Service is not included in the approved waiver.					
Service Definition (Scope):					

Medical Supplies and Appliances: Medical supplies and appliances includes devices, controls, or appliances specified in the Plan of Care, not presently covered under the State Plan, which enables the individual to increase their abilities to perform activities of daily living, or to perceive, control, or communicate with the environment in which they live. All waiver medical supplies and appliances must be prescribed by a physician, be medically necessary and be specified in the Plan of Care. Medical supplies and appliances do not include over-the-counter personal items such as toothpaste, mouthwash, soap, cotton swabs, Q-tips, etc. Items reimbursed with waiver funds will be in addition to any medical supplies furnished under the State Plan and excludes those items which are not of direct medical or remedial benefit to the individual. Medical supplies and appliances are limited to \$1,800 per client per waiver year and documentation of items purchased will be maintained by the Alabama Medicaid Agency. Additional amount above that of \$1,800 may be requested by the client and approved by Medicaid if medically necessary.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

#### **Medical Supplies and Appliances:**

Medical Supplies and Appliances includes devices, controls, or appliances specified in the Plan of Care, not presently covered under the State Plan, which enables the individual to increase their abilities to perform activities of daily living, or to perceive, control, or communicate with the environment in which they live.

- All waiver medical supplies and appliances must be prescribed by a physician, be medically necessary and be specified in the Plan of care.
- Medical supplies and appliances do not include over-the-counter personal care items such as toothpaste, mouthwash, soap cotton swabs, Q-tips, etc.
- Items reimbursed with waiver funds will be in addition to any medical supplies furnished under the State Plan and excludes those items which are not of direct medical or remedial benefit to the individual.
- Medical supplies and appliances are limited to \$1,800 per client per waiver year and documentation of and documentation of items purchased will be maintained by the Alabama Medicaid Agency.
- An additional amount above that of \$1,800 may be requested by the client and approved by Medicaid if medically necessary.

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## Appendix C-3: Waiver Services Specifications

For each service listed in Appendix C-1, provide the information specified below. State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Specification				
Service Title: Assistive Technology				
Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one:				
×	Service is included in approved waiver. There is no change in service specifications.			
O Service is included in approved waiver. The service specifications have been modified.				
O Service is not included in the approved waiver.				
Service Definition (Scope):				

Assistive Technology: Assistive technology includes devices, pieces of equipment or products that are modified, customized and is used to increase, maintain or improve functional capabilities of individuals with disabilities as specified in the Plan of Care. It also includes any service that directly assists an individual with a disability in the selection, acquisition or use of an Assistive Technology device. Such services may include acquisition, selection, design, fitting, customizing, adaptation, application, etc. Items reimbursed with waiver funds exclude items which are not of direct medical benefit to the recipient. Receipt of this service must be determined medically necessary to prevent institutionalization as documented in the medical record and all items will meet applicable standards of manufacture, design and installation.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

#### **Assisted Technology:**

Assisted Technology includes devices, pieces of equipment or products that are modified, customized and is used to increase, maintain or improve functional capabilities of individuals with disabilities as specified in the Plan.

- It also includes any service that directly assists an individual with a disability in the selection, acquisition or use of an Assistive Technology device.
- Such services may include acquisition, selection, design, fitting, customizing, adaptation, application, etc.
- Items reimbursed with waiver funds exclude items which are not of direct medical benefit to the recipient.
- Receipt of this service must be determined medically necessary to prevent institutionalization as documented in the medical record and all items will meet applicable standards of manufacture, design and installation.
- The amount for this service is \$20,000 per client. Any expenditure in excess of \$20,000 must be approved by the Alabama Medicaid Agency.
- The assistive technology item must be ordered by a physician, documented on the Plan of Care and must be prior authorized and approved by the Alabama Medicaid Agency's Prior Authorization Unit.

To obtain prior authorization numbers for the service, the case manager must submit a copy of the following documents:

1. Medicaid Prior Authorization Form (Form #342);

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- 2. An agreement between the AMA and the company providing the service;
- 3. A price quotation list from the company supplying the equipment, providing a description of the item; and
- 4. A legible copy of the physician's prescription for the item.

Upon completion of service delivery, the client must sign and date acknowledging they are pleased with the service. Providers of assistive technology shall be capable of supplying and training in the use of assistive technology devices.

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Provider Specifications							
Provider	☐ Individual. List types:		×				
Category(s) (check one or both):				Pri	Private Duty Nursing		
(check one or boin).				Home Health Agency			
				Du	rable Med	dical Equipment	
Specify whether the provided by (check e applies):	-		Legally Responsib	Legally Responsible Person × Relative/Legal Guardian		Relative/Legal Guardian	
Provider Qualificat	ions (provide th	e follo	wing information fo	or ea	ich type o	f provider):	
Provider Type:	License (spec	cify)	Certificate (speci	fy)		Other Standard (specify)	
Private Duty Nursing  State of Alabama		NA		<ul> <li>At least 2 years experience in public health, hospital, home health or long term care nursing.</li> <li>Must submit to a program for the testing, prevention, and control of tuberculosis, annually</li> <li>Private Duty Nursing Services</li> </ul>			
						provided by an LPN requires supervision by a licensed RN.	
Personal Care/Attendant Service NA		NA		•	Have references which will be verified thoroughly and documented in the DSP's personnel file. (References may include criminal background checks, previous employers, and/or aide register.) If providing in-home care, the service worker must be able to read and write. If providing out-of-home care, the service worker must have at least a 10 <sup>th</sup> grade education, preferably, high school graduate or GED recipient. Possess a valid, picture identification. Be able to follow the Plan of Care with minimal supervision. Assist client appropriately with activities of daily living as related to personal care. Complete a probationary period determined by the employer with continued employment contingent on completion of a Personal Care/Attendant Service in-service training program. No Medicaid		

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			pant-directed as sp			ix E	×	Provider managed	
				Service Delivery	Metho	od			-
TA Waiver Coo						al/Semi-Annual Personnel rds Review			
Private Duty Nursing EDS						Initial P	rovid	er Enrollment	
Provider Type:	Provider Type: Entity Responsible for Verification: Frequency of Verification			of Verification					
Assistive Technology State of Alabama NA Code of Alabama, 1975,34-14C-3 Verification of Provider Qualifications					34-14C-3				
Medical Supplies State of Alabama		NA		Code of A	Alabama, 1	1975,3	34-14C-3		
						pı • M te	obationai Iust subm	ry peri it to a ventic	program for the on, and control of

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## Appendix C-4: Additional Limits on Amount of Waiver Services

**Additional Limits on Amount of Waiver Services**. Indicate whether the waiver employs any of the following additional limits on the amount of waiver services (*check each that applies*).

When a limit is employed, specify: (a) the waiver services to which the limit applies; (b) the basis of the limit, including its basis in historical expenditure/utilization patterns and, as applicable, the processes and methodologies that are used to determine the amount of the limit to which a participant's services are subject; (c) how the limit will be adjusted over the course of the waiver period; (d) provisions for adjusting or making exceptions to the limit based on participant health and welfare needs or other factors specified by the state; (e) the safeguards that are in effect when the amount of the limit is insufficient to meet a participant's needs; and, (f) how participants are notified of the amount of the limit.

	<b>Limit(s) on Set(s) of Services</b> . There is a limit on the maximum dollar amount of waiver services that is authorized for one or more sets of services offered under the waiver. <i>Furnish the information specified above</i> .
	<b>Prospective Individual Budget Amount</b> . There is a limit on the maximum dollar amount of waiver services authorized for each specific participant. <i>Furnish the information specified above</i> .
	<b>Budget Limits by Level of Support</b> . Based on an assessment process and/or other factors, participants are assigned to funding levels that are limits on the maximum dollar amount of waiver services. <i>Furnish the information specified above</i> .
	<b>Other Type of Limit.</b> The State employs another type of limit. <i>Describe the limit and furnish the information specified above.</i>
×	<b>Not applicable.</b> The State does not impose a limit on the amount of waiver services except as provided in Appendix C-3.

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# Appendix D: Participant-Centered Planning and Service Delivery

# Appendix D-1: Service Plan Development

S	tate Pa	articipant-Centered Service Plan Title: Plan of Care
a.	Respo	<b>Insibility for Service Plan Development</b> . Per 42 CFR §441.301(b) (2), specify who is a sible for the development of the service plan and the qualifications of these individuals (check that applies):
	×	Registered nurse, licensed to practice in the State
		Licensed practical or vocational nurse, acting within the scope of practice under State law
	×	Licensed physician (M.D. or D.O)
		Case Manager (qualifications specified in Appendix C-3)
	×	Case Manager (qualifications not specified in Appendix C-3). Specify qualifications:
		<ul> <li>Bachelor of Arts degree or a Bachelor of Science degree from an accredited college or university, preferably in a human services related field, or;</li> <li>Bachelor of Arts degree or Bachelor of Science degree from an accredited School of Social Work, or;</li> <li>Bachelor of Science in Nursing degree (BSN) from an accredited School of Nursing, licensed as a Registered Professional Nurse (RN) by the State of Alabama Board of Nursing in accordance with Code of Ala., 1975, Section 34-21-21 or;</li> <li>Licensed as a Registered Professional Nurse (RN) by the State of Alabama of Nursing in accordance with Code of Ala., 1975, Section 34-21-21.</li> </ul> Social Worker. Specify qualifications:
		Other (marify the individuals and their qualifications):
		Other (specify the individuals and their qualifications):
b.		ce Plan Development Safeguards. Select one:
	0	Entities and/or individuals that have responsibility for service plan development <i>may not provide</i> other direct waiver services to the participant.
	×	Entities and/or individuals that have responsibility for service plan development <i>may provide</i> other direct waiver services to the participant. The State has established the following safeguards to ensure that service plan development is conducted in the best interests of the participant. <i>Specify</i> :
		Services and supports to individuals are monitored directly by the case management entity on a quarterly basis at a minimum. Monitoring is conducted indirectly through technical

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assistance by the Alabama Medicaid Agency on a semi-annual basis. The team process is utilized to ensure the freedom of service choice for individuals and the enforcement of this choice is monitored by the Alabama Medicaid Agency. If there is evidence that an individual's freedom of choice is compromised, both the Department of Rehabilitation Services and the Medicaid Agency become actively involved to ensure the individual's choice is respected.

During annual case management training, the importance of choice being given is reiterated.

**c. Supporting the Participant in Service Plan Development**. Specify: (a) the supports and information that are made available to the participant (and/or family or legal representative, as appropriate) to direct and be actively engaged in the service plan development process and (b) the participant's authority to determine who is included in the process.

Initially when the TA Waiver recipient's referral is received, information is provided to the individual and/or family by the case management entity regarding providers in their respective areas that offer the services and supports they are requesting. This information is provided prior to the development of the plan of care (POC).

The client and/or representative are encouraged to ask questions about specific services and direct service providers. Throughout the POC development process, the client and/or representative are engaged in the process of the development of the POC. The client is assured through the process that they have the right to choose from any willing and qualified waiver provider.

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- d. Service Plan Development Process In four pages or less, describe the process that is used to develop the participant-centered service plan, including: (a) who develops the plan, who participates in the process, and the timing of the plan; (b) the types of assessments that are conducted to support the service plan development process, including securing information about participant needs, preferences and goals, and health status; (c) how the participant is informed of the services that are available under the waiver; (d) how the plan development process ensures that the service plan addresses participant goals, needs (including health care needs), and preferences; (e) how waiver and other services are coordinated; (f) how the plan development process provides for the assignment of responsibilities to implement and monitor the plan; and, (g) how and when the plan is updated, including when the participant's needs change. State laws, regulations, and policies cited that affect the service plan development process are available to CMS upon request through the Medicaid agency or the operating agency (if applicable):
- **e. Risk Assessment and Mitigation.** Specify how potential risks to the participant are assessed during the service plan development process and how strategies to mitigate risk are incorporated into the service plan, subject to participant needs and preferences. In addition, describe how the service plan development process addresses backup plans and the arrangements that are used for backup.

#### **Service Plan Development Process:**

The Plan of Care (POC) document is developed by the Alabama Medicaid Agency. The registered nurse, the physician, the case manager and the client/family member and legal representative participates in developing the participant—centered service plan. The client is informed of the services that are available under the TA waiver during the assessment process. The case manager is responsible for coordinating the TA Waiver services with the direct service providers to ensure that the information obtained during this process address the client's needs, goals and preferences.

The POC contains, at a minimum, the type of services to be furnished, the amount, the frequency and the duration of each service, and the type of provider to furnish each service. The POC ensures the health and welfare of the individuals served under the waiver. Periodic review of the POC is required to determine the appropriateness of adequacy of services and to ensure that the services furnished are consistent with the nature and severity of the client's disability. As a result, the POC is reviewed every six (6) months and more frequently if necessary based on changes in the client's condition. Monthly face to face case management visits are required to monitor the client's condition and evaluate the continued appropriateness of the service plan.

The Alabama Medicaid Agency (AMA) designates a registered nurse to review and approve both the Plan of Care and the level of care assessment prior to initiating service delivery. The AMA nurse ensures that all federal and state requirements are met prior to initiating service delivery. The AMA Nurse reviewer reviews 100% of Applications submitted to include the POC.

The AMA Nurse reviewer conducts annual onsite reviews of 100% of direct service providers. The onsite review includes a review of the POC and client assessment to ensure compliance with the level of care and delivery of services included on the POC.

#### **Risk Assessment and Mitigation:**

The case manager addresses the potential risks to the participant by assessing the current health, safety and environment during the service development process. The participant's preferences are incorporated in the plan of care development. Some participants may require monitoring more than others. Frequency of contact is determined by prioritizing participants whose medical

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conditions are unstable, who require a complex plan of care, or have a limited support system.

**f. Informed Choice of Providers.** Describe how participants are assisted in obtaining information about and selecting from among qualified providers of the waiver services in the service plan.

Participants are assisted in obtaining information about and selecting from among qualified providers of the waiver services in the service plan as follows:

On the initial visit, the case manager provides the participant with a list of all providers (listed in alphabetical order) for all waiver services available in the area. During this visit a written choice is made for each waiver service the client desires to access at the time. The participant and/or responsible party is encouraged to choose at least three providers if more than two providers are available for the chosen service, and prioritize the choices by numbering them "1", "2," and "3." If subsequent changes or additions of providers are made verbally they are documented in the case narrative or as a case note. A copy of an updated list of providers is given to participants at each redetermination visit so that the participant will always be informed of providers serving the area.

**g.** Process for Making Service Plan Subject to the Approval of the Medicaid Agency. Describe the process by which the service plan is made subject to the approval of the Medicaid agency in accordance with 42 CFR §441.301(b) (1) (i):

The Alabama Medicaid Agency Nurse Reviewer conducts a review of 100% of the plans of care an related documents for individuals receiving TA Waiver services during initial enrollment and annually. The review ensures that individuals receiving services under the waiver have a plan of care in effect for the period of time the services are provided. This also ensures that the need for services that are provided is documented in the plan and that all service needs are addressed in the plan of care prior to service delivery.

**h. Service Plan Review and Update**. The service plan is subject to at least annual periodic review and update to assess the appropriateness and adequacy of the services as participant needs change. *Specify the minimum schedule for the review and update of the service plan:* 

0	Every three months or more frequently when necessary
×	Every six months or more frequently when necessary
0	Every twelve months or more frequently when necessary
0	Other schedule (specify):

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**i. Maintenance of Service Plan Forms**. Written copies or electronic facsimiles of service plans are maintained for a minimum period of 3 years as required by 45 CFR §74.53. Service plans are maintained by the following (*check each that applies*):

×	Medicaid agency
	Operating agency
×	Case manager
	Other (specify):

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## Appendix D-2: Service Plan Implementation and Monitoring

**a. Service Plan Implementation and Monitoring**. Specify: (a) the entity (entities) responsible for monitoring the implementation of the service plan and participant health and welfare; (b) the monitoring and follow-up method(s) that are used; and, (c) the frequency with which monitoring is performed.

The case manager reviews the Plan of Care (POC) monthly during each home visit. The POC is also reviewed every sixty days to determine if waiver or non-waiver services are meeting the participant's needs to remain in the community. Any recommended changes made on the POC are discussed with the participant and/or family member. The Project Development/Program Support Nurse Reviewer (PDPSNR) reviews the POC during the review process. The PDPSNR conducts reviews of the case manager's records annually and conducts onsite visits to waiver participant's homes. POCs are updated/revised when warranted by changes in the waiver participant's needs. Plans of corrections are required if the POC does not appear to meet the client's needs or protects the health and safety of the client.

- b. Monitoring Safeguards. Select one:
  - Entities and/or individuals that have responsibility to monitor service plan implementation and participant health and welfare *may not provide* other direct waiver services to the participant.
  - Entities and/or individuals that have responsibility to monitor service plan implementation and participant health and welfare *may provide* other direct waiver services to the participant. The State has established the following safeguards to ensure that monitoring is conducted in the best interests of the participant. *Specify*:

Services and support to individuals are monitored directly by the provider agency, the case management entity and directly through the reviews by the Alabama Medicaid Agency's Project Development/Program Support Unit Nurse Reviewer on a semi-annual basis.

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# **Appendix E: Participant Direction of Services**

[NOTE: Complete Appendix E only when the waiver provides for one or both of the participant direction opportunities specified below.]

#### **Applicability** (select one):

0	<b>Yes.</b> This waiver provides participant direction opportunities. Complete the remainder of the Appendix.
×	<b>No.</b> This waiver does not provide participant direction opportunities. Do not complete the remainder of the Appendix.

CMS urges states to afford all waiver participants the opportunity to direct their services. Participant direction of services includes the participant exercising decision-making authority over workers who provide services, a participant-managed budget or both. CMS will confer the Independence Plus designation when the waiver evidences a strong commitment to participant direction. Indicate whether Independence Plus designation is requested (select one):

0	<b>Yes.</b> The State requests that this waiver be considered for Independence Plus designation.
×	No. Independence Plus designation is not requested.

## **Appendix E-1: Overview**

a.	Description of Participant Direction. In no more than two pages, provide an overview of the
	opportunities for participant direction in the waiver, including: (a) the nature of the opportunities
	afforded to participants; (b) how participants may take advantage of these opportunities; (c) the entities
	that support individuals who direct their services and the supports that they provide; and, (d) other
	relevant information about the waiver's approach to participant direction.

**b. Participant Direction Opportunities**. Specify the participant direction opportunities that are available in the waiver. *Select one:* 

0	<b>Participant</b> – <b>Employer Authority</b> . As specified in <i>Appendix E-2</i> , <i>Item a</i> , the participant (or the participant's representative) has decision-making authority over workers who provide waiver services. The participant may function as the common law employer or the coemployer of workers. Supports and protections are available for participants who exercise this authority.
0	<b>Participant</b> – <b>Budget Authority.</b> As specified in <i>Appendix E-2, Item b</i> , the participant (or the participant's representative) has decision-making authority over a budget for waiver services. Supports and protections are available for participants who have authority over a budget.
0	<b>Both Authorities.</b> The waiver provides for both participant direction opportunities as specified in <i>Appendix E-2</i> . Supports and protections are available for participants who exercise these authorities.

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Availa	ability of Participant Direction by Type of Living Arrangement. Check each that applies:
$\overline{}$	
	Participant direction opportunities are available to participants who live in their own private residence or the home of a family member.
	Participant direction opportunities are available to individuals who reside in other living arrangements where services (regardless of funding source) are furnished to fewer than four persons unrelated to the proprietor.
	The participant direction opportunities are available to persons in the following other living arrangements (specify):
	on of Participant Direction. Election of participant direction is subject to the following policy one):
0	Waiver is designed to support only individuals who want to direct their services.
0	The waiver is designed to afford every participant (or the participant's representative) the opportunity to elect to direct waiver services. Alternate service delivery methods are available for participants who decide not to direct their services.
0	The waiver is designed to offer participants (or their representatives) the opportunity to direct some or all of their services, subject to the following criteria specified by the State. Alternate service delivery methods are available for participants who decide not to direct their services or do not meet the criteria. <i>Specify the criteria</i> :
nforn	nation Furnished to Participant. Specify: (a) the information about participant direction
pport abilit aking	nation Furnished to Participant. Specify: (a) the information about participant direction unities (e.g., the benefits of participant direction, participant responsibilities, and potential ies) that is provided to the participant (or the participant's representative) to inform decision-g concerning the election of participant direction; (b) the entity or entities responsible for hing this information; and, (c) how and when this information is provided on a timely basis.
pport abilit aking	unities (e.g., the benefits of participant direction, participant responsibilities, and potential ies) that is provided to the participant (or the participant's representative) to inform decision-g concerning the election of participant direction; (b) the entity or entities responsible for
pport abilit naking urnish	unities (e.g., the benefits of participant direction, participant responsibilities, and potential ies) that is provided to the participant (or the participant's representative) to inform decision-g concerning the election of participant direction; (b) the entity or entities responsible for
pport abilit naking urnish	unities (e.g., the benefits of participant direction, participant responsibilities, and potential ies) that is provided to the participant (or the participant's representative) to inform decision-g concerning the election of participant direction; (b) the entity or entities responsible for hing this information; and, (c) how and when this information is provided on a timely basis.  ipant Direction by a Representative. Specify the State's policy concerning the direction of
pport abilit naking urnish artic vaiver	unities (e.g., the benefits of participant direction, participant responsibilities, and potential ies) that is provided to the participant (or the participant's representative) to inform decision-g concerning the election of participant direction; (b) the entity or entities responsible for hing this information; and, (c) how and when this information is provided on a timely basis.  ipant Direction by a Representative. Specify the State's policy concerning the direction of services by a representative (select one):
pport abilit naking urnish Partic vaiver	unities (e.g., the benefits of participant direction, participant responsibilities, and potential ies) that is provided to the participant (or the participant's representative) to inform decision- g concerning the election of participant direction; (b) the entity or entities responsible for  hing this information; and, (c) how and when this information is provided on a timely basis.  ipant Direction by a Representative. Specify the State's policy concerning the direction of  reservices by a representative (select one):  The State does not provide for the direction of waiver services by a representative. Specify the
opportiabilit naking turnish Partic vaiver	unities (e.g., the benefits of participant direction, participant responsibilities, and potential ies) that is provided to the participant (or the participant's representative) to inform decision-g concerning the election of participant direction; (b) the entity or entities responsible for hing this information; and, (c) how and when this information is provided on a timely basis.  In the State does not provide for the direction of waiver services by a representative.  The State provides for the direction of waiver services by a representative.  The State provides for the direction of waiver services by a representative. Specify the representatives who may direct waiver services: (check each that applies):

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**g. Participant-Directed Services**. Specify the participant direction opportunity (or opportunities) available for each waiver service that is specified as participant-directed in Appendix C-3. (*Check the opportunity or opportunities available for each service*):

Participant-Directed Waiver Service	Employer Authority	Budget Authority

h.	Financial Management Services. Except in certain circumstances, financial management services are
	mandatory and integral to participant direction. A governmental entity and/or another third-party entity
	must perform necessary financial transactions on behalf of the waiver participant. Select one:

0	<i>E-1</i>	s. Financial Management Services are furnished through a third party entity. (Complete item 1-i). Specify whether governmental and/or private entities furnish these services. Check each at applies:
		Governmental entities
		Private entities
0		b. Financial Management Services are not furnished. Standard Medicaid payment mechanisms used. <i>Do not complete Item E-1-i</i> .

**i. Provision of Financial Management Services.** Financial management services (FMS) may be furnished as a waiver service or as an administrative activity. Select one:

0	FMS	are co	overed as the waiver service entitled		
	as spe	ecifie	d in Appendix C-3.		
0	FMS	are p	rovided as an administrative activity. Provide the following information:		
	i.	<b>Types of Entities</b> : Specify the types of entities that furnish FMS and the method of procuring these services:			
	ii.	<b>Payment for FMS</b> . Specify how FMS entities are compensated for the administrative activities that they perform:			
	iii.	<b>Scope of FMS</b> . Specify the scope of the supports that FMS entities provide ( <i>check each that applies</i> ):			
		Supports furnished when the participant is the employer of direct support workers:			
		Assist participant in verifying support worker citizenship status			
		☐ Collect and process timesheets of support workers			
			Process payroll, withholding, filing and payment of applicable federal, state and local employment-related taxes and insurance		

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	Other (specify):
Su	pports furnished when the participant exercises budget authority:
	Maintain a separate account for each participant's participant-directed budget
	Track and report participant funds, disbursements and the balance-of participant funds
	Process and pay invoices for goods and services approved in the service plan
	Provide participant with periodic reports of expenditures and the status of the participant-directed budget
	Other services and supports (specify):
Aa	lditional functions/activities:
	Execute and hold Medicaid provider agreements as authorized under a written agreement with the Medicaid agency
	Receive and disburse funds for the payment of participant-directed services under an agreement with the Medicaid agency or operating agency
	Provide other entities specified by the State with periodic reports of expenditures and the status of the participant-directed budget
	Other (specify):
as: tra	versight of FMS Entities. Specify the methods that are employed to: (a) monitor and sess the performance of FMS entities, including ensuring the integrity of the financial insactions that they perform; (b) the entity (or entities) responsible for this monitoring; d, (c) how frequently performance is assessed.

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Information and Assistance in Support of Participant Direction.

j.

to suj entitie which	gement services, participant direction is facilitated when information and assistance are available poort participants in managing their services. These supports may be furnished by one or mores, provided that there is no duplication. Specify the payment authority (or authorities) under these supports are furnished and, where required, provide the additional information requeste <i>k</i> each that applies):
	Case Management Activity. Information and assistance in support of participant direction a furnished as an element of Medicaid case management services. Specify in detail the information and assistance that are furnished through case management for each participant direction opportunity under the waiver:
	Waiver Service Coverage. Information and assistance in support of participant direction a provided through the waiver service coverage (s) specified in Appendix C-3 entitled:
	Administrative Activity. Information and assistance in support of participant direction a furnished as an administrative activity. Specify: (a) the types of entities that furnish the supports; (b) how the supports are procured and compensated; (c) describe in detail the support that are furnished for each participant direction opportunity under the waiver; (d) the method and frequency of assessing the performance of the entities that furnish these supports; and, (e) the entity or entities responsible for assessing performance:
Inder	pendent Advocacy (select one).
0	<b>Yes.</b> Independent advocacy is available to participants who direct their services. <i>Describe th nature of this independent advocacy and how participants may access this advocacy</i> :
0	No. Arrangements have not been made for independent advocacy.
who v delive	ntary Termination of Participant Direction. Describe how the State accommodates a participal voluntarily terminates participant direction in order to receive services through an alternate servicery method, including how the State assures continuity of services and participant health are during the transition from participant direction:
involi mana	untary Termination of Participant Direction. Specify the circumstances when the State was untarily terminate the use of participant direction and require the participant to receive provide ged services instead, including how continuity of services and participant health and welfare ed during the transition.

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In addition to financial

**n.** Goals for Participant Direction. In the following table, provide the State's goals for each year that the waiver is in effect for the unduplicated number of waiver participants who are expected to elect each applicable participant direction opportunity. Annually, the State will report to CMS the number of participants who elect to direct their waiver services.

Table E-1-n		
	Employer Authority Only	Budget Authority Only or Budget Authority in Combination with Employer Authority
Waiver Year	Number of Participants	Number of Participants
Year 1		
Year 2		
Year 3		
Year 4 (renewal only)		
Year 5 (renewal only)		

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## **Appendix E-2: Opportunities for Participant-Direction**

- **a. Participant Employer Authority** (Complete when the waiver offers the employer authority opportunity as indicated in Item E-1-b)
  - **i. Participant Employer Status**. Specify the participant's employer status under the waiver. *Check each that applies:*

<b>Participant/Co-Employer</b> . The participant (or the participant's representative) functions as the co-employer (managing employer) of workers who provide waiver services. An agency is the common law employer of participant-selected/recruited staff and performs necessary payroll and human resources functions. Supports are available to assist the participant in conducting employer-related functions. Specify the types of agencies (a.k.a., "agencies with choice") that serve as co-employers of participant-selected staff:
<b>Participant/Common Law Employer</b> . The participant (or the participant's representative) is the common law employer of workers who provide waiver services. An IRS-approved Fiscal/Employer Agent functions as the participant's agent in performing payroll and other employer responsibilities that are required by federal and state law. Supports are available to assist the participant in conducting employer-related functions.

**ii. Participant Decision Making Authority.** The participant (or the participant's representative) has decision making authority over workers who provide waiver services. *Check the decision making authorities that participants exercise*:

Recruit staff
Refer staff to agency for hiring (co-employer)
Select staff from worker registry
Hire staff (common law employer)
Verify staff qualifications
Obtain criminal history and/or background investigation of staff. Specify how the costs of such investigations are compensated:
Specify additional staff qualifications based on participant needs and preferences so long as such qualifications are consistent with the qualifications specified in Appendix C-3.
Determine staff duties consistent with the service specifications in Appendix C-3.
Determine staff wages and benefits subject to applicable State limits
Schedule staff
Orient and instruct-staff in duties
Supervise staff
Evaluate staff performance
Verify time worked by staff and approve time sheets
Discharge staff (common law employer)
Discharge staff from providing services (co-employer)
Other (specify):

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- **b. Participant Budget Authority** (Complete when the waiver offers the budget authority opportunity as indicated in Item E-1-b)
  - i. Participant Decision Making Authority. When the participant has budget authority, indicate the decision-making authority that the participant may exercise over the budget. *Check all that apply*:

Reallocate funds among services included in the budget
Determine the amount paid for services within the State's established limits
Substitute service providers
Schedule the provision of services
Specify additional service provider qualifications consistent with the qualifications specified in Appendix C-3
Specify how services are provided, consistent with the service specifications contained in Appendix C-3
Identify service providers and refer for provider enrollment
Authorize payment for waiver goods and services
Review and approve provider invoices for services rendered
Other (specify):

ii.	Participant-Directed Budget. Describe in detail the method(s) that are used to establish the
	amount of the participant-directed budget for waiver goods and services over which the participant
	has authority, including how the method makes use of reliable cost estimating information and is
	applied consistently to each participant. Information about these method(s) must be made publicly
	available.

**iii. Informing Participant of Budget Amount**. Describe how the State informs each participant of the amount of the participant-directed budget and the procedures by which the participant may request an adjustment in the budget amount.

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iv.	<b>Participant</b>	Exercise	of Budget	Flexibility.	Select	one:

0	The participant has the authority to modify the services included in the participant-directed budget without prior approval. Specify how changes in the participant-directed budget are documented, including updating the service plan. When prior review of changes is required in certain circumstances, describe the circumstances and specify the entity that reviews the proposed change:
0	Modifications to the participant-directed budget must be preceded by a change in the service plan.

v.	<b>Expenditure Safeguards.</b> Describe the safeguards that have been established for the timely
	prevention of the premature depletion of the participant-directed budget or to address potentia
	service delivery problems that may be associated with budget underutilization and the entity (or
	entities) responsible for implementing these safeguards:

livery probler sponsible for	-		_	underutilizati	ion and the entit
sponsiole for	Imprementing	these surege	iai as.		

# Appendix F: Participant Rights

### Appendix F-1: Opportunity to Request a Fair Hearing

The State provides an opportunity to request a Fair Hearing under42 CFR Part 431, Subpart E to individuals: (a) who are not given the choice of home and community-based services as an alternative to the institutional care specified in Item 1-F of the request; (b) are denied the service(s) of their choice or the provider(s) of their choice; or, (c) whose services are denied, suspended, reduced or terminated. The State provides notice of action as required in 42 CFR §431.210.

**Procedures for Offering Opportunity to Request a Fair Hearing.** Describe how the individual (or his/her legal representative) is informed of the opportunity to request a fair hearing under 42 CFR Part 431, Subpart E. Specify the notice(s) that are used to offer individuals the opportunity to request a Fair Hearing. State laws, regulations, policies and notices referenced in the description are available to CMS upon request through the operating or Medicaid agency.

The Alabama Medicaid Agency provides an opportunity for a fair hearing, under 42 CFR Part 431, subpart E, to persons who are denied home and community-based services or if a decision by the administering agency adversely affects his/her eligibility status or receipt of service. A Hearing Officer is appointed by the Commissioner of the Alabama Medicaid Agency and conducts the hearings. The TA Waiver recipients are provided with the necessary information upon enrollment.

The case manager explains the procedures when services have been reduced, suspended, or terminated under the waiver and sends a 10-day advance notice to the client prior to the reduction or termination of services. When the client receives this notice, they have 10 days following the effective date of action taken to request an informal conference. The notice includes:

- A description of the action the agency intends to take,
- The reasons for the intended action,
- Information about the participant's rights to request as hearing, and
- An explanation of the circumstances under which Medicaid services will continue if a hearing is requested.

A copy of the written plan of care includes information on the appeal rights and the steps to appeal an adverse decision. A copy of this information is left in the client's home. If the client is still dissatisfied after the in formal conference, a fair hearing may be requested. A written request for a hearing must be filed within thirty (30) days following the action with which he or she is dissatisfied. The client or legally appointed representative or other authorized person must request the hearing and give a correct mailing address to receive future correspondence. If the request for the hearing is made by someone other than the person who wishes to appeal, the person requesting the hearing must make a definite statement that he or she has been authorized to do so by the person for whom the hearing is being requested. Information about the hearing will be forwarded and a hearing date and place convenient to the person will be arranged. If the person is satisfied before the hearing and wants to withdraw, the client or legally appointed representative or other authorized person should write the AMA that he or she wishes to do so and give the reason for withdrawing.

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## **Appendix F-2: Additional Dispute Resolution Process**

**a. Availability of Additional Dispute Resolution Process**. Indicate whether the State operates another dispute resolution process that offers participants the opportunity to appeal decisions that adversely affect their services while preserving their right to a Fair Hearing. *Select one*:

×	Yes. The State operates an additional dispute resolution process (complete Item b)
0	<b>No</b> . This Appendix does not apply ( <i>do not complete Item b</i> )

**b. Description of Additional Dispute Resolution Process**. Describe the additional dispute resolution process, including: (a) the State agency that operates the process; (b) the nature of the process (i.e., procedures and timeframes), including the types of disputes addressed through the process; and, (c) how the right to a Medicaid Fair Hearing is preserved when a participant elects to make use of the process: State laws, regulations, and policies referenced in the description are available to CMS upon request through the operating or Medicaid agency.

#### The State Agency that operates the Additional Resolution Process:

The Alabama Medicaid Agency is responsible for ensuring that the recipient has the right to request an appeal of any decision which adversely affects his or her eligibility status for receipt of services and/or assistance.

#### The Nature of the Process:

The case manager sends the recipient a 10-day advance notice prior to the reduction or termination of services. When the client receives this notice, they have 10 days following the effective date of action taken to request an informal conference. The client may notify the AMA, in writing, giving the reason for the dissatisfaction and ask for either an informal conference or a review of the case by the AMA. At the informal conference, the client may present the information and /or may be represented by a friend, relative, attorney, or other spokesperson of their choice.

If the individual is not satisfied with the decision made by the AMA, they have 60 days from the date of the decision of the informal conference to request a fair hearing.

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## Appendix F-3: State Grievance/Complaint System

- a. Operation of Grievance/Complaint System. Select one:
  - Yes. The State operates a grievance/complaint system that affords participants the opportunity to register grievances or complaints concerning the provision of services under this waiver (complete the remaining items).
  - O **No.** This Appendix does not apply (*do not complete the remaining items*)
- **b. Operational Responsibility.** Specify the State agency that is responsible for the operation of the grievance/complaint system:

The Alabama Medicaid Agency is responsible for the operation of the grievance /complaint system. The AMA ensures that the case manager and direct service provider (DSP) fulfill their duty of properly informing the client of all rights and responsibilities and the manner in which service complaints may be registered. Complaints filed by recipients may be reported directly to the Alabama Medicaid Agency (AMA). A tracking log is used to document the incidents and the resolution and maintained at the AMA Long Term Care (LTC) Project Development/ Program Support Unit.

- **c. Description of System**. Describe the grievance/complaint system, including: (a) the types of grievances/complaints that participants may register; (b) the process and timelines for addressing grievances/complaints; and, (c) the mechanisms that are used to resolve grievances/complaints. State laws, regulations, and policies referenced in the description are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).
  - (a) The participant may register grievances /complaints about Due Process; Education; Complaints; Safe and humane environment, Protection from harm, Privacy/Confidentiality, Personal processions; Communication and social contacts; Religion; Confidentiality of records; Labor; Disclosures of services available; Quality treatment;, Individualized treatment; Participating in planning for treatment; Least restrictive conditions and Informed Consent.
  - (b) Complaints of abuse, neglect or mistreatment are investigated immediately, referred to the responsible division and an investigation is initiated by the direct service provider and the Alabama Medicaid Agency. Any other complaints are open and responsible parties notified within 24 hours, and investigations are initiated as soon as possible but no later than 7 working days of the report, with the expectation that resolution will be achieved within 14 working days.
  - (c) The AMA investigates all complaints upon receipt of notification. Appropriate parties initiate action within 24 hours if it appears that a client's health and safety is at risk. If necessary the complainant is interviewed. The targeted case manager with the Medicaid Nurse Reviewer reviews all complaints and grievances to determine a pattern or problems in order to assure that no health and safety risk exists. The AMA contacts the client via telephone to ensure full resolution to the incident has been completed satisfactory. The Medicaid Nurse Reviewer maintains all grievance logs and reviews them on a quarterly basis. The Medicaid Nurse Reviewer is responsible for tracking and assuring that complaints have been followed to resolution.

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## Appendix G: Participant Safeguards

## Appendix G-1: Response to Critical Events or Incidents

a. State Critical Event or Incident Reporting Requirements. Specify the types of critical events or incidents (including alleged abuse, neglect and exploitation) that the State requires to be reported for review and follow-up action by an appropriate authority, the individuals and/or entities that are required to report such events and incidents, and the timelines for reporting. State laws, regulations, and policies that are referenced are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

	_	A

State Critical Event or Incident Reporting Requirements

Incident Types	<u>Timeframes</u>
Physical Abuse	Immediate
Sexual Abuse	Immediate
Verbal Abuse	Immediate
Neglect	Immediate
Mistreatment	Immediate
Exploitation	24-hours
Moderate Injury	24-hours
Major Injury	24-hours
Death	Immediate
Natural Disaster	24-hours
Fire	24-hours
Fall	24-hours

All Medicaid approved provider who provide services for Medicaid recipients in their homes shall report incidents of abuse, neglect, and exploitation immediately to the Department of Human Resources, or law enforcement as required by the Alabama Adult Protective Act of 1976.

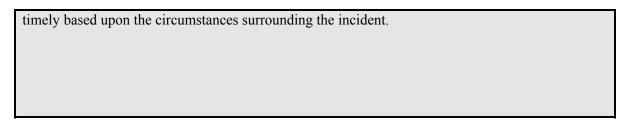
The Alabama Adult Protective Services Act deals specifically with abuse, neglect, and exploitation of adults who are incapable of protecting themselves. The law outlines the responsibilities of the Department of Human Resources, law enforcement authorities, physicians, caregivers, individuals, and agencies in reporting and investigating such cases, and in providing necessary services.

Physicians, osteopaths, chiropractors, and caregivers are required by law to report instances of suspected abuse, neglect or exploitation, sexual abuse, or emotional abuse.

Those required to report must do so immediately on finding reasonable cause to believe that an adult has been subjected to abuse, neglect, or exploitation. Reports must be made either to the chief of police or sheriff, the county Department of Human Resources or call 1-800-458-7214. An oral report, either by telephone or in person, must be made first. It must be followed by a written report.

Other incidents such as falls must be reported within 24 hours to the Provider Agency, the Alabama Medicaid Agency, and Alabama Department of Rehabilitation Services. Follow-up will be handled

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**b. Participant Training and Education.** Describe how training and/or information is provided to participants (and/or families or legal representatives, as appropriate) concerning protections from abuse, neglect, and exploitation, including how participants (and/or families or legal representatives, as appropriate) can notify appropriate authorities or entities when the participant may have experienced abuse, neglect or exploitation.

Training and/information is provided to participants and/or families or legal representatives concerning abuse, neglect, and exploitation by the case manager and the direct service provider. Case managers maintain relationships with consumers to encourage them to talk about what is important to them, including what may be happening that they do not like. Each recipient is informed of his/her rights and responsibilities. If the recipient is not able to understand these rights, responsibilities and protections, and the means by which these protections are enforced, the legal guardian/advocate is informed of them.

**c. Responsibility for Review of and Response to Critical Events or Incidents**. Specify the entity (or entities) that receive reports of critical events or incidents specified in item G-1-a, the methods that are employed to evaluate such reports, and the processes and time-frames for responding to critical events or incidents, including conducting investigations.

The Alabama Medicaid Agency's Project Development Program Support Unit is the entity that receives reports of critical events or incidents. The TA Waiver Coordinator reviews the critical events reports and makes a decision within seven (7) working days. If a decision cannot be reached, additional information is requested. Resolution is reached within seven (7) working days from receipt of the additional information with a response disseminated to all parties involved. All allegations of abuse, neglect or exploitation requires an investigation. If the TA Waiver Coordinator determines that an incident requires follow-up, she will coordinate the efforts and assign a completion date not to exceed 30 days based on the nature of the incident.

**d.** Responsibility for Oversight of Critical Incidents and Events. Identify the State agency (or agencies) responsible for overseeing the reporting of and response to critical incidents or events that affect waiver participants, how this oversight is conducted, and how frequently.

The Alabama Medicaid Agency, Long Term Care Division is responsible for overseeing the reporting of and response to critical incidents or events that affect waiver participants through individual/family interviews, quarterly participation satisfaction surveys, review of complaint logs, medical record reviews, DSP personnel record reviews as well as annual onsite home and provider visits.

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### Appendix G-2: Safeguards Concerning Restraints and Restrictive Interventions

This Appendix must be completed when the use of restraints and/or restrictive interventions is permitted during the course of the provision of waiver services regardless of setting. When a state prohibits the use of restraints and/or restrictive interventions during the provision of waiver services, this Appendix does not need to be completed.

a. Applicability. Select or
-----------------------------

×	This Appendix is not applicable. The State does not permit or prohibits the use of restraints or restrictive interventions (do not complete the remaining items)		
0	This Appendix applies. Check each that applies:		
		The use of personal restraints, drugs used as restraints, mechanical restraints and/or seclusion is permitted subject to State safeguards concerning their use. <i>Complete item G-2-b</i> .	
		Services furnished to waiver participants may include the use of restrictive interventions subject to State safeguards concerning their use. <i>Complete items G-2-c.</i>	

#### b.

Saf	eguards Concerning Use of Restraints or Seclusion
i.	<b>Safeguards Concerning the Use of Restraints or Seclusion.</b> Specify the safeguards that the State has established concerning the use of each type of restraint (i.e., personal restraints, drugs used as restraints, mechanical restraints or seclusion). State laws, regulations, and policies that are referenced are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).
ii.	<b>State Oversight Responsibility</b> . Specify the State agency (or agencies) responsible for overseeing the use of restraints or seclusion and ensuring that State safeguards concerning their use are followed and how such oversight is conducted and its frequency:

#### **Safeguards Concerning the Use of Restrictive Interventions**

Safeguards Concerning the Use of Restrictive Interventions. Specify the safeguards that the State has in effect concerning the use of interventions that restrict participant movement, participant access to other individuals, locations or activities, restrict participant rights or employ aversive methods (not including restraints or seclusion) to modify behavior. State laws, regulations, and policies referenced in the specification are available to CMS upon request through the Medicaid agency or the operating agency.

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**ii. State Oversight Responsibility**. Specify the State agency (or agencies) responsible for monitoring and overseeing the use of restrictive interventions and how this oversight is conducted and its frequency:

NA			

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## Appendix G-3: Medication Management and Administration

This Appendix must be completed when waiver services are furnished to participants who are served in licensed or unlicensed living arrangements where a provider has round-the-clock responsibility for the health and welfare of residents. The Appendix does not need to be completed when waiver participants are served exclusively in their own personal residences or in the home of a family member.

a.	Applicability.	Select one:
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0	Yes. This Appendix applies (complete the remaining items).
×	<b>No</b> . This Appendix is not applicable ( <i>do not complete the remaining items</i> ).

#### b. Medication Management and Follow-Up

i.	<b>Responsibility.</b> Specify the entity (or entities) that have ongoing responsibility for monitoring
	participant medication regimens, the methods for conducting monitoring, and the frequency of
	monitoring.

ii.	Methods of State Oversight and Follow-Up. Describe: (a) the method(s) that the State uses to
	ensure that participant medications are managed appropriately, including: (a) the identification of
	potentially harmful practices (e.g., the concurrent use of contraindicated medications); (b) the
	method(s) for following up on potentially harmful practices; and, (c) the State agency (or agencies)
	that is responsible for follow-up and oversight.

#### c. Medication Administration by Waiver Providers

i. Provider Administration of Medications. Select one:

	Waiver providers are responsible for the administration of medications to waiver participants who cannot self-administer and/or have responsibility to oversee participant self-administration of medications. (complete the remaining items)
0	Not applicable (do not complete the remaining items)

**ii. State Policy.** Summarize the State policies that apply to the administration of medications by waiver providers or waiver provider responsibilities when participants self-administer medications, including (if applicable) policies concerning medication administration by non-medical waiver provider personnel. State laws, regulations, and policies referenced in the specification are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

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iii. Medication Error Reporting. Select one of the follo
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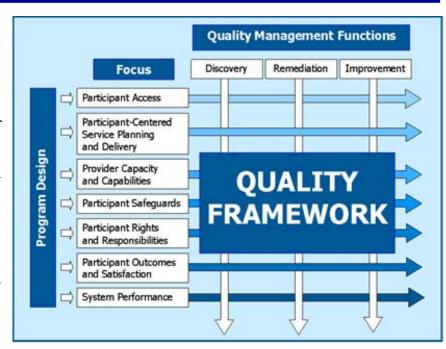
0	Providers that are responsible for medication administration are required to <i>both</i> record and report medication errors to a State agency (or agencies). <i>Complete the following three items:</i>
	(a) Specify State agency (or agencies) to which errors are reported:
	(b) Specify the types of medication errors that providers are required to record:
	(c) Specify the types of medication errors that providers must <i>report</i> to the State:
0	Providers responsible for medication administration are required to <i>record</i> medication errors but make information about medication errors available only when requested by the State. Specify the types of medication errors that providers are required to record:

iv.	State Oversight Responsibility. Specify the State agency (or agencies) responsible for monitoring
	the performance of waiver providers in the administration of medications to waiver participants and
	how monitoring is performed and its frequency.

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# **Appendix H: Quality Management Strategy**

Under §1915(c) of the Social Security Act and 42 CFR §441.302, the approval of an HCBS waiver requires that CMS determine that the State has made satisfactory assurances concerning the protection of participant health and welfare, financial accountability other elements of waiver operations. Renewal of an existing waiver is contingent upon review by CMS and a finding by CMS that assurances have been met. By completing the HCBS waiver application, the State specifies how it has designed the waiver's critical processes, structures and



operational features in order to meet these assurances.

Quality Management is a critical operational feature that an organization employs to continually determine whether it operates in accordance with the approved design of its program, meets statutory and regulatory assurances and requirements, achieves desired outcomes, and identifies opportunities for improvement. A Quality Management Strategy is explicitly describes the processes of discovery, remediation and improvement; the frequency of those processes; the source and types of information gathered, analyzed and utilized to measure performance; and key roles and responsibilities for managing quality.

CMS recognizes that a state's waiver Quality Management Strategy may vary depending on the nature of the waiver target population, the services offered, and the waiver's relationship to other public programs, and will extend beyond regulatory requirements. However, for the purpose of this application, the State is expected to have, at the minimum, systems in place to measure and improve its own performance in meeting six specific waiver assurances and requirements.

It may be more efficient and effective for a Quality Management Strategy to span multiple waivers and other long-term care services. CMS recognizes the value of this approach and will ask the state to identify other waiver programs and long-term care services that are addressed in the Quality Management Strategy.

Quality management is dynamic and the Quality Management Strategy may, and probably will, change over time. Modifications or updates to the Quality Management Strategy shall be submitted to CMS in conjunction with the annual report required under the provisions of 42 CFR §441.302(h) and at the time of waiver renewal.

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#### **Quality Management Strategy: Minimum Components**

The Quality Management Strategy that will be in effect during the period of the waiver is included as Attachment #1 to Appendix H. The Quality Management Strategy should be no more than ten-pages in length. It may reference other documents that provide additional supporting information about specific elements of the Quality Management Strategy. Other documents that are cited must be available to CMS upon request through the Medicaid agency or the operating agency (if appropriate).

- 1. The Quality Management Strategy must describe how the state will determine that each waiver assurance and requirement is met. The applicable assurances and requirements are: (a) level of care determination; (b) service plan; (c) qualified providers; (d) health and welfare; (e) administrative authority; and, (f) financial accountability. For each waiver assurance, this description must include:
  - Activities or processes related to discovery, i.e. monitoring and recording the findings. Descriptions
    of monitoring/oversight activities that occur at the individual and provider level of service delivery
    are provided in the application in Appendices A, B, C, D, G, and I. These monitoring activities
    provide a foundation for Quality Management by generating information that can be aggregated and
    analyzed to measure the overall system performance. The description of the Quality Management
    Strategy should not repeat the descriptions that are addressed in other parts of the waiver application;
  - The entities or individuals responsible for conducting the discovery/monitoring processes;
  - The types of information used to measure performance; and,
  - The frequency with which performance is measured.
- 2. The Quality Management Strategy must describe roles and responsibilities of the parties involved in measuring performance and making improvements. Such parties include (but are not limited to) the waiver administrative entities identified in Appendix A, waiver participants, advocates, and service providers.

Roles and responsibilities may be described comprehensively; it is not necessary to describe roles and responsibilities assurance by assurance. This description of roles and responsibilities may be combined with the description of the processes employed to review findings, establish priorities and develop strategies for remediation and improvement as specified in #3 below.

- 3. Quality Management Strategy must describe the processes employed to review findings from its discovery activities, to establish priorities and to develop strategies for remediation and improvement. The description of these process (as) employed to review findings, establish priorities and develop strategies for remediation and improvement may be combined with the description of roles and responsibilities as specified in # 2 above.
- 4. The Quality Management Strategy must describe how the State compiles quality management information and the frequency with which the State communicates this information (in report or other forms) to waiver participants, families, waiver service providers, other interested parties, and the public. Quality management reports may be designed to focus on specific areas of concern; may be related to a specific location, type of service or subgroup of participants; may be designed as administrative management reports; and/or may be developed to inform stakeholders and the public.
- 5. The Quality Management Strategy must include periodic evaluation of and revision to the Quality Management Strategy. Include a description of the process and frequency for evaluating and updating the Quality Management Strategy.

If the State's Quality Management Strategy is not fully developed at the time the waiver application is submitted, the state may provide a work plan to fully develop its Quality Management Strategy, including the specific tasks that the State plans to undertake during the period that the waiver is in effect, the major milestones associated with these tasks, and the entity (or entities) responsible for the completion of these tasks.

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When the Quality Management Strategy spans more than one waiver and/or other types of long-term care services under the Medicaid State plan, specify the control numbers for the other waiver programs and identify the other long-term services that are addressed in the Quality Management Strategy.

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#### Attachment #1 to Appendix H

The Quality Management Strategy for the waiver is:

# 1. The Quality Management Strategy must describe how the state will determine that each waiver assurance is met.

# The activities or processes related to discovery beyond those that may be described in other appendices in the application:

The Alabama Medicaid Agency (AMA) is the Operating Agency for the Technology Assisted Waiver for Adults (TAW). As such, the Alabama Medicaid Agency Long Term Care Division is the authority for operating the TAW program. A 100% audit of all applications approved by the AMA is conducted to ensure that the processes and instruments described in the approved waiver are applied in determining the Level of Care. 100% of the waiver population is chosen for record review to ensure coordination of care, quality care, outcomes and billing accuracy. Personnel records of all case managers and 10% of other employees' personnel records are reviewed to ensure basic and continuing education requirements are met. Home visits are made annually to the clients to ensure quality care, health and safety, and needs are being met, and to gain input about the quality of the services received. Information gathered by the AMA Unit Nurse Reviewer during the home visits is analyzed, recommendations for improvements are made and are evaluated for possible changes to the programs.

# The entities, organizations and other stakeholders involved in the Quality Management Strategy including their roles and responsibilities:

Medicaid, as the Operating Agency, is responsible for ensuring subcontractors are supervised, trained and meet the waiver administrative requirements.

The Alabama Department of Rehabilitation Services (ADRS) conducts annual reviews to determine if subcontractors are supervised at the appropriate intervals, properly trained, have appropriate credentials and submit corrective action plans for deficiencies. Waiver participants are interviewed by the Targeted Case Managers monthly to gain input regarding the quality of care provided in the waiver program. Responses are used to recommend improvement in care.

Participants, caregivers, and families are interviewed by the AMA Nurse Reviewer, Targeted Case Managers, ADRS personnel, and complaints are reported and resolved.

#### The sources of data used to measure whether the state meets the requirements and assurances:

The Project Development/Program Support Unit Nurse Reviewer is responsible for collecting data, monthly, quarterly and annually regarding the quality of services provided from various sources for the TAW program. Monthly data is collected by the Targeted Case Manager and Provider. EDS provides monthly payment and utilization data. The nurse reviewer collects health information during the initial assessment and every six (6) months for re-determinations. In addition, the nurse reviewer tracks complaints and grievances and ensures follow-up to resolutions.

Record reviews are performed to assure that the direct service providers are operating in accordance with the approved waiver document.

#### The frequency with performance in each assurance is measured:

The nurse reviewer collects data monthly, quarterly and annually. The first three years' data will be used to establish benchmarks. The benchmarks will be used as a guide to set goals for improvement to the program

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each year.

#### **Quality Management Reports:**

The Project Development/Program Support Unit Nurse Reviewer reviews DSS Queries that are printed annually to determine the number of TA Waiver clients who receive private duty nursing, DME supplies and assistive technology and the percentage of services billed were provided. The participation satisfaction surveys are reviewed every three (3) months to determine the percentage of clients/family reporting satisfaction with the waiver services to determine if the client's needs are met.

2. The Quality Management Strategy must describe roles and responsibilities of the parties involved in measuring performance and making improvements. Such parties include (but are not limited to) the waiver administrative entities identified in appendix A, waiver participants, advocates, and service providers.

The Project Development/Program Support Unit staff is responsible for developing strategies to measure the TA Waiver program performance and determine how best to implement improvements. For example, the nurse reviewer will review the actual cost of services in the community versus the aggregate cost of services in an institutional setting. In addition, she will review the initial waiver and re-determination waiver applications to determine completeness. The nurse reviewer will also review the complaints and grievances log to ensure the target dates of resolution are being met. The participants satisfaction surveys are reviewed quarterly to ensure the waiver participants are satisfied with services. The waiver participants in the waiver program are actively involved in decision-making opportunities and are encouraged to provide comments to improve the program.

3. Quality Management Strategy must describe the processes employed to review findings from its discovery activities, to establish priorities and to develop strategies for remediation and improvement.

The Project Development/Program Support Unit staff is responsible for developing strategies to measure the TA waiver program performance and determine how best to implement improvements. For example, the nurse reviewer will review the quarterly TA Waiver Participant Satisfaction Surveys, the Medical Onsite Home Visit reports, the Quality Assurance Indicator reports. Remediation for non-compliance issues and complaints identified during data collection is handled by requesting the entity involved to submit a plan of correction within 15 days of notification. If the problem is not corrected, the entity will be monitored every three months until they are compliant.

4. Quality Management Strategy must describe how the State compiles quality management information and the frequency with which the State communicates this information (in report or other forms) to waiver participants, families, waiver service providers, other interested parties, and the public.

The Project Development/Program Support Unit Nurse Reviewer complies the quality management information quarterly and annually. A written report which includes the results of record reviews, documentation of authorized service delivery, monthly billing, personnel records and administrative policies is provided to the waiver service provider. In addition, a copy of the report is shared with the Alabama Department of Rehabilitation Services.

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## Appendix I: Financial Accountability

## **APPENDIX I-1: Financial Integrity and Accountability**

**Financial Integrity**. Describe the methods that are employed to ensure the integrity of payments that have been made for waiver services, including: (a) requirements concerning the independent audit of provider agencies; (b) the financial audit program that the state conducts to ensure the integrity of provider billings for Medicaid payment of waiver services, including the methods, scope and frequency of audits; and, (c) the agency (or agencies) responsible for conducting the financial audit program. State laws, regulations, and policies referenced in the description are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

The Alabama Medicaid Agency is responsible for establishing provider payment rates for waiver services. Payments made by Medicaid to TA Waiver providers are on a fee-for-service basis and are based upon a number of factors:

- Current pricing for similar services
- State-to-State comparisons
- Geographical comparisons within the state
- Comparisons of different payers for similar services

For each waiver service, a procedure code is determined with a rate assigned to each code. The Medicaid Management Information System (MMIS) pays the claim based upon the State's determined pricing methodology applied to each service by provider type, claim type, recipient benefits, or policy limitations.

Rates established are reasonable and customary to ensure continuity of care, quality of care, and continued access to care. Re-evaluation of pricing and rate increases are considered as warranted based upon provider inquiries, problems with service access, and changes in the Consumer Price Index.

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## APPENDIX I-2: Rates, Billing and Claims

**a. Rate Determination Methods.** In two pages or less, describe the methods that are employed to establish provider payment rates for waiver services and the entity or entities that are responsible for rate determination. Indicate any opportunity for public comment in the process. If different methods are employed for various types of services, the description may group services for which the same method is employed. State laws, regulations, and policies referenced in the description are available upon request to CMS through the Medicaid agency or the operating agency (if applicable).

The Alabama Medicaid Agency is responsible for establishing provider payment rates for waiver services. Payments made by Medicaid to TA Waiver providers are on a fee-for-service basis and are based upon a number of factors:

- Current pricing for similar services
- State-to-State comparisons
- Geographical comparisons within the state
- Comparisons of different payers for similar services

For each waiver service, a procedure code is determined with a rate assigned to each code. The Medicaid Management Information System (MMIS) pays the claim based upon the State's determined pricing methodology applied to each service by provider type, claim type, recipient benefits, or policy limitations.

Rates established are reasonable and customary to ensure continuity of care, quality of care, and continued access to care. Re-evaluation of pricing and rate increases are considered as warranted based upon provider inquiries, problems with service access, and changes in the Consumer Price Index.

**b.** Flow of Billings. Describe the flow of billings for waiver services, specifying whether provider billings flow directly from providers to the State's claims payment system or whether billings are routed through other intermediary entities. If billings flow through other intermediary entities, specify the entities:

Each waiver participant, once approved, is added to the Alabama Medicaid Agency's Long Term Care File. This file holds approved dates of eligibility for waiver services.

Provider billing flow directly from the providers to the State's claim payment system (MMIS) through Electronic Data System (EDS), the Fiscal Intermediary as follows:

- Payments made by Medicaid to providers are on a fee-for-service basis. Each covered service is identified on a claim by a procedure code.
- For each recipient, the claim allows span billing for a period up to one month. There may be multiple claims in a month; however no single claim can cover services performed in different months.
- If the submitted claim covers dates of service where part, or all of which were covered in a previously paid claim, the entire claim is rejected. The provider is required to make the corrections on the claim and resubmit for processing. Data is captured on the HCFA 372 Report.

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- All claims must be filed within twelve months from the date of service. Medicaid recovers payments that exceed actual allowable cost.
- Payment is based on the number of units of service reported on the claim for each procedure code. There is a clear differentiation between waiver services and non-waiver services and a clear audit trail exists from the point of service through billing and reimbursement. Discrepancies are initially handled at the local level.
- The TA Waiver administrator monitors expenditures on a biannual basis or as often as needed and monitors problems with particular service providers. If costs appear to be out of line or unusual, the provider is contacted and follow-up action is taken.
- Payment is based on the number of units of service reported on the claim for each procedure code.

#### **c.** Certifying Public Expenditures (select one):

0	certi	Public agencies directly expend funds for part or all of the cost of waiver services and fy their public expenditures (CPE) in lieu of billing that amount to Medicaid ( <i>check each applies</i> ):
		<b>Certified Public Expenditures (CPE) of State Public Agencies</b> . Specify: (a) the public agency or agencies that certify public expenditures for waiver services; (b) how it is assured that the CPE is based on the total computable costs for waiver services; and, (c) how the State verifies that the certified public expenditures are eligible for Federal financial participation in accordance with 42 CFR §433.51(b). ( <i>Indicate source of revenue for CPEs in Item I-4-a.</i> )
		<b>Certified Public Expenditures (CPE) of Non-State Public Agencies</b> . Specify: (a) the non-State public agencies that incur certified public expenditures for waiver services; (b) how it is assured that the CPE is based on total computable costs for waiver services; and, (c) how the State verifies that the certified public expenditures are eligible for Federal financial participation in accordance with 42 CFR §433.51(b). ( <i>Indicate source of revenue for CPEs in Item I-4-b.</i> )
×	No.	Public agencies do not certify expenditures for waiver services.

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**d.** Billing Validation Process. Describe the process for validating provider billings to produce the claim for federal financial participation, including the mechanism(s) to assure that all claims for payment are made only: (a) when the individual was eligible for Medicaid waiver payment on the date of service; (b) when the service was included in the participant's approved service plan; and, (c) the services were provided:

The system performs validation edits to ensure the claim is filled out correctly and contains sufficient information for processing. Edits ensure the recipient's name matches the recipient identification number (RID); the procedure code is valid for the diagnosis; the recipient is eligible and the provider is active for the dates of service; and other similar criteria are met. For electronically submitted claims, the edit process is performed several times per day; for paper claims, it is performed five times per week. If a claim fails any of these edits, it is returned to the provider.

Once claims pass through edits, the system reviews the claim history information against information on the current claim. Audits check for duplicate services, service limitation, and related services and compare them to Alabama Medicaid policy. The system then prices the claim using the State-determined pricing methodology applied to each service by provider type, claim type, recipient benefits, or policy limitations.

Once the system completes claim processing, it assigns each claim a status: approved to pay, denied, or suspended. Approved to pay and denied claims are processed through the financial cycle twice a month, at which time an Explanation of Payment (EOP) report is produced and checks are written, if applicable. Suspended claims must be worked by EDS personnel or reviewed by Alabama Medicaid Agency personnel, as required.

Claims approved for payment are paid with a single check or electronic funds transfer (EFT) transaction according to the check writing schedule published in the *Provider Insider*, the Alabama Medicaid provider bulletin produced by EDS. The check is sent to the provider's payee address with an EOP, which also identifies all denied claims, pending claims, and adjustments. If the provider participants in electronic funds transfer (EFT), the payment is deposited directly into the provider's bank account and the EOP is mailed separately to the provider.

**e. Billing and Claims Record Maintenance Requirement.** Records documenting the audit trail of adjudicated claims (including supporting documentation) are maintained by the Medicaid agency, the operating agency (if applicable), and providers of waiver services for a minimum period of 3 years as required in 45 CFR §74.53.

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## **APPENDIX I-3: Payment**

- **a. Method of payments MMIS** (*select one*):
  - Payments for all waiver services are made through an approved Medicaid Management Information System (MMIS). Payments for some, but not all, waiver services are made through an approved MMIS. Specify: (a) the waiver services that are not paid through an approved MMIS; (b) the process for making such payments and the entity that processes payments; (c) and how an audit trail is maintained for all state and federal funds expended outside the MMIS; and, (d) the basis for the draw of federal funds and claiming of these expenditures on the CMS-64. 0 Payments for waiver services are not made through an approved MMIS. Specify: (a) the process by which payments are made and the entity that processes payments; (b) how and through which system(s) the payments are processed; (c) how an audit trail is maintained for all state and federal funds expended outside the MMIS; and, (d) the basis for the draw of federal funds and claiming of these expenditures on the CMS-64: Payments for waiver services are made by a managed care entity or entities. The managed care entity is paid a monthly capitated payment per eligible enrollee through an approved MMIS. Describe how payments are made to the managed care entity or entities:
- **b. Direct payment**. Payments for waiver services are made utilizing one or more of the following arrangements (*check each that applies*):

×	The Medicaid agency makes payments directly to providers of waiver services.
	The Medicaid agency pays providers through the same fiscal agent used for the rest of the Medicaid program.
	The Medicaid agency pays providers of some or all waiver services through the use of a limited fiscal agent. Specify the limited fiscal agent, the waiver services for which the limited fiscal agent makes payment, the functions that the limited fiscal agent performs in paying waiver claims, and the methods by which the Medicaid agency oversees the operations of the limited fiscal agent:
	Providers are paid by a managed care entity or entities for services that are included in the State's contract with the entity. Specify how providers are paid for the services (if any) not included in the State's contract with managed care entities.

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- c. Supplemental or Enhanced Payments. Section 1902(a) (30) requires that payments for services be consistent with efficiency, economy, and quality of care. Section 1903(a) (1) provides for Federal financial participation to States for expenditures for services under an approved State plan/waiver. Specify whether supplemental or enhanced payments are made. Select one:
  - No. The State does not make supplemental or enhanced payments for waiver services.
     Yes. The State makes supplemental or enhanced payments for waiver services. Describe:

     (a) the nature of the supplemental or enhanced payments that are made and the waiver services for which these payments are made and (b) the types of providers to which such payments are made. Upon request, the State will furnish CMS with detailed information about the total amount of supplemental or enhanced payments to each provider type in the waiver.
- **d.** Payments to Public Providers. Specify whether public providers receive payment for the provision of waiver services.
  - Yes. Public providers receive payment for waiver services. Specify the types of public providers that receive payment for waiver services and the services that the public providers furnish. Complete item I-3-e.

    \* No. Public providers do not receive payment for waiver services. Do not complete Item I-3-e.
- **e**. **Amount of Payment to Public Providers**. Specify whether any public provider receives payments (including regular and any supplemental payments) that in the aggregate *exceed* its reasonable costs of providing waiver services and, if so, how the State recoups the excess and returns the Federal share of the excess to CMS on the quarterly expenditure report. *Select one*:
  - The amount paid to public providers is the same as the amount paid to private providers of the same service.
     The amount paid to public providers differs from the amount paid to private providers of the same service. No public provider receives payments that in the aggregate exceed its reasonable costs of providing waiver services.
    - The amount paid to public providers differs from the amount paid to private providers of the same service. When a public provider receives payments (including regular and any supplemental payments) that in the aggregate exceed the cost of waiver services, the State recoups the excess and returns the federal share of the excess to CMS on the quarterly expenditure report. Describe the recoupment process:

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**f. Provider Retention of Payments.** Section 1903(a) (1) provides that Federal matching funds are only available for expenditures made by states for services under the approved waiver. *Select one:* 

×	Providers receive and retain 100 percent of the amount claimed to CMS for waiver services.
0	Providers do not receive and retain 100 percent of the amount claimed to CMS for waiver services. Provide a full description of the billing, claims, or payment processes that result in less than 100% reimbursement of providers. Include: (a) the methodology for reduced or returned payments; (b) a complete listing of types of providers, the amount or percentage of payments that are reduced or returned; and, (c) the disposition and use of the funds retained or returned to the State (i.e., general fund, medical services account, etc.):
0	Providers are paid by a managed care entity (or entities) that are paid a monthly capitated payment. Specify whether the monthly capitated payment to managed care entities is reduced or returned in part to the State.

#### g. Additional Payment Arrangements

i. Voluntary Reassignment of Payments to a Governmental Agency. Select one:

0	<b>Yes</b> . Providers may voluntarily reassign their right to direct payments to a governmental agency as provided in 42 CFR §447.10(e). Specify the governmental agency (or agencies) to which reassignment may be made.
×	<b>No</b> . The State does not provide that providers may voluntarily reassign their right to direct payments to a governmental agency.

ii. Organized Health Care Delivery System. Select one:

0	Yes. The waiver provides for the use of Organized Health Care Delivery System arrangements under the provisions of 42 CFR §447.10. Specify the following: (a) the entities that are designated as an OHCDS and how these entities qualify for designation as an OHCDS; (b) the procedures for direct provider enrollment when a provider does not voluntarily agree to contract with a designated OHCDS; (c) the method(s) for assuring that participants have free choice of qualified providers when an OHCDS arrangement is employed, including the selection of providers not affiliated with the OHCDS; (d) the method(s) for assuring that providers that furnish services under contract with an OHCDS meet applicable provider qualifications under the waiver; (e) how it is assured that OHCDS contracts with providers meet applicable requirements; and, (f) how financial accountability is assured when an OHCDS arrangement is used:

No. The State does not employ Organized Health Care Delivery System (OHCDS)

arrangements under the provisions of 42 CFR §447.10.

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## $\textbf{iii.} \quad \textbf{Contracts with MCOs, PIHPs or PAHPs.} \ \textit{Select one:}$

0	The State contracts with a Managed Care Organization(s) (MCOs) and/or prepaid inpatient health plan(s) (PIHP) or prepaid ambulatory health plan(s) (PAHP) under the provisions of §1915(a)(1) of the Act for the delivery of waiver and other services. Participants may <i>voluntarily</i> elect to receive <i>waiver</i> and other services through such MCOs or prepaid health plans. Contracts with these health plans are on file at the State Medicaid agency. Describe: (a) the MCOs and/or health plans that furnish services under the provisions of §1915(a)(1); (b) the geographic areas served by these plans; (c) the waiver and other services furnished by these plans; and, (d) how payments are made to the health plans.
0	This waiven is a next of a consument \$1015/h\/\$1015(a) waiven. Destining to an acquired
0	This waiver is a part of a concurrent §1915(b)/§1915(c) waiver. Participants are required to obtain <i>waiver</i> and other services through a MCO and/or prepaid inpatient health plan (PIHP) or a prepaid ambulatory health plan (PAHP). The §1915(b) waiver specifies the types of health plans that are used and how payments to these plans are made.
×	The State does not contract with MCOs, PIHPs or PAHPs for the provision of waiver

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## **APPENDIX I-4: Non-Federal Matching Funds**

a.	State Level Source(s) of the Non-Federal Share of Computable V	Waiver Costs.	Specify the State
	source or sources of the non-federal share of computable waiver costs.	Check each the	ıt applies:

×	Appropriation of State Tax Revenues to the State Medicaid agency
	Appropriation of State Tax Revenues to a State Agency other than the Medicaid Agency. If the source of the non-federal share is appropriations to another state agency (or agencies), specify: (a) the entity or agency receiving appropriated funds and (b) the mechanism that is used to transfer the funds to the Medicaid Agency or Fiscal Agent, such as an Intergovernmental Transfer (IGT), including any matching arrangement, and/or, indicate if the funds are directly expended by public agencies as CPEs, as indicated in Item I-2-c:
	Other State Level Source(s) of Funds. Specify: (a) the source and nature of funds; (b) the entity or agency that receives the funds; and, (c) the mechanism that is used to transfer the funds to the Medicaid Agency or Fiscal Agent, such as an Intergovernmental Transfer (IGT), including any matching arrangement, and/or, indicate if funds are directly expended by public agencies as CPEs, as indicated in Item I-2- c:

**b.** Local or Other Source(s) of the Non-Federal Share of Computable Waiver Costs. Specify the source or sources of the non-federal share of computable waiver costs that are not from state sources. *Check each that applies:* 

	<b>Appropriation of Local Revenues.</b> Specify: (a) the local entity or entities that have the authority to levy taxes or other revenues; (b) the source(s) of revenue; and, (c) the mechanism that is used to transfer the funds to the Medicaid Agency or Fiscal Agent, such as an Intergovernmental Transfer (IGT), including any matching arrangement (indicate any intervening entities in the transfer process), and/or, indicate if funds are directly expended by public agencies as CPEs, as specified in Item I-2- c:
×	Other non-State Level Source(s) of Funds. Specify: (a) the source of funds; (b) the entity or agency receiving funds; and, (c) the mechanism that is used to transfer the funds to the State Medicaid Agency or Fiscal Agent, such as an Intergovernmental Transfer (IGT), including any matching arrangement, and /or, indicate if funds are directly expended by public agencies as CPEs, as specified in Item I-2- c:
	a) Intergovernmental Transfers from Public Hospitals; b) providers of waiver services; and c) The public hospitals transfer the funds to the Medicaid Agency in separate transactions. These public hospitals are not waiver providers.
	<b>Not Applicable</b> . There are no non-State level sources of funds for the non-federal share.

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**c. Information Concerning Certain Sources of Funds**. Indicate whether any of the funds listed in Items I-4-a or I-4-b that make up the non-federal share of computable waiver costs come from the following sources. *Check each that applies*.

	Provider taxes or fees
	Provider donations
	Federal funds (other than FFP)
	For each source of funds indicated above, describe the source of the funds in detail:
×	None of the foregoing sources of funds contribute to the non-federal share of computable
	waiver costs.

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## APPENDIX I-5: Exclusion of Medicaid Payment for Room and Board

Services Furnished in Residential Settings.	Select one:
	Services Furnished in Residential Settings.

×	No services under this waiver are furnished in residential settings other than the private residence of the individual. ( <i>Do not complete Item I-5-b</i> ).
О	As specified in Appendix C, the State furnishes waiver services in residential settings other than the personal home of the individual. ( <i>Complete Item I-5-b</i> )

b.	Method for Excluding the Cost of Room and Board Furnished in Residential Settings.	The
	following describes the methodology that the State uses to exclude Medicaid payment for room	and
	board in residential settings:	

board in residential settings.		

# APPENDIX I-6: Payment for Rent and Food Expenses of an Unrelated Live-In Caregiver

Reimbursement for the Rent and Food Expenses of an Unrelated Live-In Personal Caregiver.  $Select\ one$ :

ı		
	0	Yes. Per 42 CFR §441.310(a)(2)(ii), the State will claim FFP for the additional costs of rent and food that can be reasonably attributed to an unrelated live-in personal caregiver who resides in the same household as the waiver participant. The State describes its coverage of live-in caregiver in Appendix C-3 and the costs attributable to rent and food for the live-in caregiver are reflected separately in the computation of factor D (cost of waiver services) in Appendix J. FFP for rent and food for a live-in caregiver will not be claimed when the participant lives in the caregiver's home or in a residence that is owned or leased by the provider of Medicaid services. The following is an explanation of: (a) the method used to apportion the additional costs of rent and food attributable to the unrelated live-in personal caregiver that are incurred by the individual served on the waiver and (b) the method used to reimburse these costs:
	×	<b>No.</b> The State does not reimburse for the rent and food expenses of an unrelated live-in personal caregiver who resides in the same household as the participant.

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# APPENDIX I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing

a.	Co-Payment Requirements. Specify whether the State imposes a co-payment or similar charge upo	n
	vaiver participants for waiver services as provided in 42 CFR §447.50. These charges are calculate	d
	er service and have the effect of reducing the total computable claim for federal financial participation	n.
	elect one:	

×	<b>No</b> . The State does not impose a co-payment or similar charge upon participants for waiver services. ( <i>Do not complete the remaining items; proceed to Item I-7-b</i> ).
0	<b>Yes</b> . The State imposes a co-payment or similar charge upon participants for one or more waiver services. ( <i>Complete the remaining items</i> )

**i. Co-Pay Arrangement** Specify the types of co-pay arrangements that are imposed on waiver participants (*check each that applies*):

Charges Associated with the Provision of Waiver Services (if any are checked, complete Items I-7-a-ii through I-7-a-iv):				
Nominal deductible				
Coinsurance				
Co-Payment Co-Payment				
Other charge (specify):				

ii	Participants Subject to Co-pay Charges for Waiver Services. Specify the groups of waiver
	participants who are subject to charges for the waiver services specified in Item I-7-a-iii and the
	groups for whom such charges are excluded. The groups of participants who are excluded must
	comply with 42 CFR §447.53.

iii.	Amount of Co-Pay Charges for Waiver Services. In the following table, list the waiver services
	for which a charge is made, the amount of the charge, and the basis for determining the charge.
	The amount of the charge must comply with the maximum amounts set forth in 42 CFR §447.54.

Waiver Service	Amount of Charge	Basis of the Charge
_		

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**iv. Cumulative Maximum Charges**. Indicate whether there is a cumulative maximum amount for all co-payment charges to a waiver participant (*select one*):

×	There is no cumulative maximum for all deductible, coinsurance or co-payment charges to a waiver participant.				
0	There is a cumulative maximum for all deductible, coinsurance or co-payment charges to a waiver participant. Specify the cumulative maximum and the time period to which the maximum applies:				

- **v. Assurance**. In accordance with 42 CFR §447.53(e), the State assures that no provider may deny waiver services to an individual who is eligible for the services on account of the individual's inability to pay a cost-sharing charge for a waiver service.
- **b.** Other State Requirement for Cost Sharing. Specify whether the State imposes a premium, enrollment fee or similar cost sharing on waiver participants as provided in 42 CFR §447.50. Select one:

	×	<b>No</b> . The State does not impose a premium, enrollment fee, or similar cost-sharing arrangeme on waiver participants.					
	0	Yes. The State imposes a premium, enrollment fee or similar cost-sharing arrangement. Describe in detail the cost sharing arrangement, including: (a) the type of cost sharing (e.g., premium, enrollment fee); (b) the amount of charge and how the amount of the charge is related to total gross family income as set forth in 42 CFR §447.52; (c) the groups of participants subject to cost-sharing and the groups who are excluded (groups of participants who are excluded must comply with 42 CFR §447.53); and, (d) the mechanisms for the collection of cost-sharing and reporting the amount collected on the CMS 64:					

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# **Appendix J: Cost Neutrality Demonstration**

# Appendix J-1: Composite Overview and Demonstration of Cost-Neutrality Formula

Composite Overview. Complete the following table for each year of the waiver.

Level(s) of Care (specify):			Nursing Facility				
Col. 1	Col. 2	Col. 3	Col. 4	Col. 5	Col. 6	Col. 7	Col. 8
Year	Factor D	Factor D'	Total: D+D'	Factor G	Factor G'	Total: G+G'	Difference (Column 7 less Column 4)
1	69433	10951	80384	89773	5612	95385	15,001
2	72128	11389	83517	93364	5836	99200	15,683
3	74956	11845	86801	97098	6070	103168	16,367
4	77875	12318	90193	100982	6313	107295	17,102
5	80946	12811	93757	105021	6312	111,333	17,576

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## Appendix J-2 - Derivation of Estimates

**a. Number Of Unduplicated Participants Served**. Enter the total number of unduplicated participants from Item B-3-a who will be served each year that the waiver is in operation. When the waiver serves individuals under more than one level of care, specify the number of unduplicated participants for each level of care:

Table J-2-a: Unduplicated Participants				
W. W	Total Number Unduplicated	Distribution of Unduplicated Participants by Level of Care (if applicable)		
Waiver Year	Number of Participants (From Item B-3-a)	Level of Care:	Level of Care:	
(From Rem 2 2 u)		NF		
Year 1	40	40		
Year 2	40	40		
Year 3	40	40		
Year 4 (renewal only)	40	40		
Year 5 (renewal only)	40	40		

**b. Average Length of Stay**. Describe the basis of the estimate of the average length of stay on the waiver by participants in Item J-2-d.

358 Days Average Length of Stay is based on HCFA 372 (S) data for year 2/22/2004-2/21/2005.

- **c. Derivation of Estimates for Each Factor**. Provide a narrative description for the derivation of the estimates of the following factors.
  - **i. Factor D Derivation**. The estimates of Factor D for each waiver year are located in Item J-2-d. The basis for these estimates is as follows:

Basis for these estimates is a 4% inflation factor. Cost figures were derived from values on the HCFA 372 (S) form as well as costs not appearing on the last HCFA 372 (S) form but incurred in the past 6 months. The number of users was derived from the HCFA 372 (S) plus the current private duty nursing EPSDT recipients based on when they will reach age 21 and require the TA waiver. The estimate of units per user for private duty nursing and personal care and attendant service was based on information from the HCFA 372 (S) which in the past has indicated consistent usage. The maximum allowable amount of \$1,800 per waiver year was used for medical supplies. Assistive Technology usage was based on recent usage by a waiver recipient.

**ii. Factor D' Derivation**. The estimates of Factor D' for each waiver year are included in Item J-1. The basis of these estimates is as follows:

The Basis for the D' estimates was based on D' on the HCFA 372 (S) with an inflation factor of

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4%. The number of recipients was based on current plus an estimate of the recipients currently receiving EPSDT private duty nursing recipients based on when they will reach age 21 and require TA Waiver coverage.

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**Factor G Derivation**. The estimates of Factor G for each waiver year are included in Item J-1. The basis of these estimates is as follows:

Factor G was derived from the HCFA 372 (S) and is based on an institutional population with similar medical conditions in Father Memorial MECC. An inflation factor of 4% was used.

**iv. Factor G' Derivation**. The estimates of Factor G' for each waiver year are included in Item J-1. The basis of these estimates is as follows:

The Consumer Price Index of 4% inflation was used. Figures were based on the most recent HCFA 372 (S).

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**d.** Estimate of Factor D. Select one: Note: Selection below is new.

×	The waiver does not operate concurrently with a §1915(b) waiver. Complete Item J-2-d-i
0	The waiver operates concurrently with a §1915(b) waiver. Complete Item J-2-d-ii

i. Estimate of Factor D – Non-Concurrent Waiver. Complete the following table for each waiver year

Waiver Year: Year 1					
	Col. 1	Col. 2	Col. 3	Col. 4	Col. 5
Waiver Service	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Total Cost
Private Duty Nursing	1 hour	4	2,747	22.24	\$244,416.64
Personal Care/Attendant Service	15 minutes	4	550	2.78	\$6,116.00
Medical Supplies	1	4	1	1,800	\$7,200.00
Assistive Technology	1	4	1	5,000.00	\$20,000.00
		_		_	
GRAND TOTAL:				\$277,732.64	
TOTAL ESTIMATED UNDUPLICATED PARTICIPANTS (from Table J-2-a)			4		
FACTOR D (Divide grand total by number of participants)				69,433.16	
AVERAGE LENGTH OF STAY ON THE WAIVER			358		

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Waiver Year: Year 2					
	Col. 1	Col. 2	Col. 3	Col. 4	Col. 5
Waiver Service	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Total Cost
Private Duty Nursing	1 hour	4	2747	23.13	\$254,152.44
Personal Care/Attendant Service	15 minutes	4	550	2.89	\$6,358.00
Medical Supplies	1	4	1	1,800	\$7,200.00
Assistive Technology	1	4	1	5,200	\$20,800.00
GRAND TOTAL:				\$288,510.44	
TOTAL ESTIMATED UNDUPLICATED PARTICIPANTS (from Table J-2-a)				4	
FACTOR D (Divide grand total by number of participants)				72,127.61	
AVERAGE LENGTH OF STAY ON THE WAIVER			358		

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Waiver Year: Year 3					
	Col. 1	Col. 2	Col. 3	Col. 4	Col. 5
Waiver Service	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Total Cost
Private Duty Nursing	1 hour	5	2,747	24.06	\$330,464.00
Personal Care/Attendant Service	15 minutes	5	550	3.01	\$8, 277.50
Medical Supplies	1	5	1	1,800	\$9,000.00
Assistive Technology	1	5	1	5,408	\$27,040.00
GRAND TOTAL:				\$374,781.50	
TOTAL ESTIMATED UNDUPLICATED PARTICIPANTS (from Table J-2-a)				5	
FACTOR D (Divide grand total by number of participants)				74,956.30	
AVERAGE LENGTH OF STAY ON THE WAIVER			358		

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Waiver Year: Year 4 (renewal only)						
	Col. 1	Col. 2	Col. 3	Col. 4	Col. 5	
Waiver Service	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Total Cost	
Private Duty Nursing	1 hour	6	2,747	25.02	\$412,379.64	
Personal Care/Attendant Service	15 minutes	6	550	3.13	\$10,329.00	
Medical Supplies	1	6	1	1,800	\$10,800.00	
Assistive Technology	1	6	1	5,624	\$33,744.00	
GRAND TOTAL:	\$467,252.64					
TOTAL ESTIMATED UNDUPLIC		6				
FACTOR D (Divide grand total by number of participants)					77,875.44	
AVERAGE LENGTH OF STAY ON THE WAIVER					358	

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Waiver Year: Year 5 (renewal only)						
	Col. 1	Col. 2	Col. 3	Col. 4	Col. 5	
Waiver Service	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Total Cost	
Private Duty Nursing	1 hour	7	2,747	26.03	\$500,530.87	
Personal Care/Attendant Service	15 minutes	7	550	3.26	\$12,551.00	
Medical Supplies	1	7	1	1,800	\$12,600.00	
Assistive Technology	1	7	1	5,849	\$40,943.00	
GRAND TOTAL:		\$566,624.87				
TOTAL ESTIMATED UNDUPLIC		7				
FACTOR D (Divide grand total b		80,946.41				
AVERAGE LENGTH OF STAY (	ON THE WAIV	ER			358	

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# ii. Estimate of Factor D – Concurrent §1915(b)/§1915(c) Waivers. Complete the following table for each waiver year.

	Waiver Year: Year 1					
	Col. 1	Col. 2	Col. 3	Col. 4	Col. 5	Col. 6
Waiver Service	Check if included in capitation	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Total Cost
GRAND TOTAL:				1		
Total: Services included in capitation						
Total: Services not included in capitation						
TOTAL ESTIMATED UNDUPLICATED PARTICIPANTS (from Table J-2-a)						
FACTOR D (Divide grand total by number of participants)						
Services included in capitation						
Services not included in capitation						
AVERAGE LENG	TH OF STAY (	ON THE WAIN	/ER			

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	Waiver Year: Year 2					
	Col. 1	Col. 2	Col. 3	Col. 4	Col. 5	Col. 6
Waiver Service	Check if included in capitation	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Total Cost
GRAND TOTAL:						
Total: Services in	Total: Services included in capitation					
Total: Services not included in capitation						
TOTAL ESTIMATED UNDUPLICATED PARTICIPANTS (from Table J-2-a)						
FACTOR D (Divide grand total by number of participants)						
Services included in capitation						
Services not incl	uded in capitat	ion				
AVERAGE LENG	TH OF STAY (	ON THE WAI\	/ER			

State:	Alabama
Effective Date	02/22/2006

Waiver Year: Year 3						
	Col. 1	Col. 2	Col. 3	Col. 4	Col. 5	Col. 6
Waiver Service	Check if included in capitation	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Total Cost
GRAND TOTAL:						
Total: Services included in capitation						
Total: Services not included in capitation						
TOTAL ESTIMATED UNDUPLICATED PARTICIPANTS (from Table J-2-a)						
FACTOR D (Divide grand total by number of participants)						
Services included in capitation						
Services not incl	uded in capitat	ion				
AVERAGE LENG	TH OF STAY (	ON THE WAIV	ER			

State:	Alabama
Effective Date	02/22/2006

	Waiver Year: Year 4 (Renewal Only)					
	Col. 1	Col. 2	Col. 3	Col. 4	Col. 5	Col. 6
Waiver Service	Check if included in capitation	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Total Cost
GRAND TOTAL:						
Total: Services in	ncluded in capi	tation				
Total: Services not included in capitation						
TOTAL ESTIMATED UNDUPLICATED PARTICIPANTS (from Table J-2-a)						
FACTOR D (Divide grand total by number of participants)						
Services included in capitation						
Services not incl	uded in capitat	ion				
AVERAGE LENG	TH OF STAY (	ON THE WAI	VER			

State:	Alabama
Effective Date	02/22/2006

Waiver Year: Year 5 (Renewal Only)						
	Col. 1	Col. 2	Col. 3	Col. 4	Col. 5	Col. 6
Waiver Service	Check if included in capitation	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Total Cost
GRAND TOTAL:						
Total: Services included in capitation						
Total: Services not included in capitation						
TOTAL ESTIMATED UNDUPLICATED PARTICIPANTS (from Table J-2-a)						
FACTOR D (Divide grand total by number of participants)						
Services included in capitation						
Services not included in capitation						
AVERAGE LENG	AVERAGE LENGTH OF STAY ON THE WAIVER					

State:	Alabama
Effective Date	02/22/2006